

DR. JIM STOPPANI
Owner - JYM Supplement Science

SCAN FOR WORKOUTS

MY PROMISE

Pro JYM was built to be a protein you look forward to by combining great taste, smooth texture, and 24 grams of complete protein from high-quality sources. The blend of whey isolate, milk isolate, and micellar casein provides a sustained release profile that fits any goal. Use it around workouts, between meals, or even late-night cravings. It's the most versatile protein in the JYM line and never disappoints.*

ISOLATE PROTEIN BLEND

PRO JYM®

- **24g†** PROTEIN
- **8.5g†** WHEY PROTEIN ISOLATE
- **7.75g†** MICELLAR CASEIN
- **7.75g†** MILK PROTEIN ISOLATE

†PER SERVING



CINNAMON OATMEAL COOKIE
NATURAL & ARTIFICIAL FLAVORS

22 SERVINGS

DIETARY SUPPLEMENT

NET WEIGHT: 28.7 OZ (1.8 LB) (814g)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION

Supplement Facts

Serving Size: 1 Scoop (37g)
Servings Per Container: 22

	Amount per serving	% Daily Value
Calories	150	
Total Fat	3.5g	4%**
Saturated Fat	3g	15%**
Cholesterol	15mg	5%
Total Carbohydrate	5g	2%**
Total Sugars	1g	†
Protein	24g	48%**
Calcium	420mg	32%
Sodium	220mg	10%
Potassium	100mg	2%

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

INGREDIENTS: Protein Blend (Whey Protein Isolate, Micellar Casein, Milk Protein Isolate), Coconut-Based Creamer (Coconut Oil, Maltodextrin, Modified Food Starch, Mono & Diglycerides, Tricalcium Phosphate), Natural Flavor, Salt, Xanthan Gum, Sucralose, Acesulfame Potassium, Sunflower Lecithin, Silicon Dioxide.

Contains: MILK

Produced on shared equipment that also processes products that contain SOY, TREE NUTS and EGG ingredients.

DISTRIBUTED BY:
PHD Fitness, 31238 Via Colinas A-3,
Westlake Village, CA 91362 USA 1-888-557-7774

MORNING | BEFORE / AFTER WORKOUTS | BETWEEN MEALS | NIGHT

DIRECTIONS: As a dietary supplement mix one (1) scoop of Pro JYM™ in 6-12 oz. of water or milk depending on your preference for thickness and texture.

For better results consume Pro JYM within 30 minutes before workouts and within 30 minutes after workouts. Also consider taking Pro JYM when you first wake up each day, between regular meals, or before going to bed to help maximize lean muscle mass gains.*

WARNINGS: Do not use as a sole source of nutrition. Check with a qualified healthcare professional before taking this product if you are pregnant, nursing, under the age of 18, or if you have any known or suspected medical condition(s) and/or are taking any prescription or OTC medication(s).

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. Do not purchase if seal is broken. Sold by weight, not volume. Some settling may occur.

Made in the USA with domestic and international ingredients.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

MADE IN A GMP CERTIFIED FACILITY

JYM supplement science

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