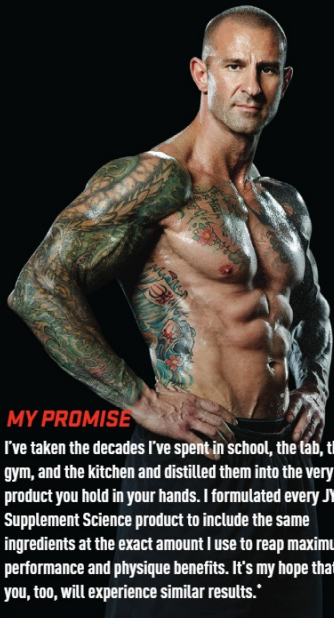




DR. JIM STOPPINI

Owner - JYM Supplement Science

**SCAN FOR
WORKOUTS**



MY PROMISE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits. It's my hope that you, too, will experience similar results.*

6g[†]
BCAAS

3g[†]
GLUTAMINE

2g[†]
CREATINE HCL

2g[†]
BETA-ALANINE

2g[†]
L- CARNITINE
L-TARTRATE

1.5g[†]
BETAINE

*PER SERVING

POST-WORKOUT RECOVERY

POST

JYM[®]



FREEDOM FREEZE

NATURAL FLAVORS

30 SERVINGS

DIETARY SUPPLEMENT

NET WEIGHT: 1.46 LBS (23.3 OZ) (660g)

Supplement Facts

Serving Size: 1 Scoop (22g)
Servings Per Container: About 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	25	L-Glutamine	3g †
Total Carbohydrate	3g 1%**	Creatine HCl	2g †
Total Sugars	1g †	Beta-Alanine	2g †
Includes 1g Added Sugars	2%**	L-Carnitine L-Tartrate (as Carnipure [®])	2g †
Calcium	30mg 2%	Betaine (Trimethylglycine)	1.5g †
Sodium	5mg <1%	Taurine	1g †
BCAAS	6g †	Black Pepper (<i>Piper nigrum</i>)	5mg †
L-Leucine 3.6g		Fruit Extract (as BioPerine [®])	
L-Isoleucine 1.2g			
L-Valine 1.2g			

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

OTHER INGREDIENTS: Dextrose, Natural Flavors, Malic Acid, Sucralose, Calcium Silicate, Acesulfame Potassium, Citric Acid, Organic Spirulina Extract (Color), Sunflower Lecithin.

Produced on shared equipment that also produces products that may contain EGG, MILK, SOY, and TREE NUTS.

DISTRIBUTED BY:
PHD Fitness, 31238 Via Colinas, A-3, Westlake Village, CA 91362 USA 1-888-557-7774



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Carnipure[®] and Carnipure logo
are Lanza trademarks.

BioPerine[®]
BioPerine[®] is a patented
ingredient and registered
trademark of Sabinsa
Corporation. Patent numbers
5,536,504, 5,744,141,
5,977,382, 6,054,585.

Made in the USA with domestic
and international ingredients.
Sold by weight, not volume.
Some settling may occur.

JYM[®]
supplement science
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DIRECTIONS: As a dietary supplement, mix 1 scoop of Post JYM Recovery Matrix into 16-24 oz. water, preferably within 30 minutes after workouts. Consider drinking over the course of 15-30 minutes. For better results, consider using Pre JYM prior to workouts.

WARNINGS: DO NOT USE IF YOU ARE UNDER THE AGE OF 18, PREGNANT OR NURSING, HAVE ANY KNOWN OR SUSPECTED MEDICAL CONDITIONS, ARE TAKING ANY PRESCRIPTION OR OVER THE COUNTER MEDICATIONS. Consult with a qualified healthcare professional before using this or any other dietary supplement. Immediately discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. Do not purchase if seal is broken.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.