



DR. JIM STOPPANI  
Owner - JYM Supplement Science



SCAN FOR  
WORKOUTS



#### MY PROMISE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits.\*

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

JYM  
supplement science

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NO3+  
NITRATE  
ELECTROLYTE  
FLAVORED POWDER

NO3+™ is a registered trademark of Thermal Di  
International, LLC. This product practices use of  
these names listed on [www.NO3-1.com/jym](http://www.NO3-1.com/jym)



Made in the USA with domestic  
and international ingredients

Some settling may occur.



8 17047 02650 0  
CRE300WA 26500 052826 V1.1

CREATINE + NITRATE

JYM  
supplement science

CREATINE+

5g<sup>†</sup>  
CREATINE

500mg<sup>†</sup>  
NITRATE

†AMOUNT PER SERVING



WATERMELON

NATURAL & ARTIFICIAL FLAVORS

60 SERVINGS

DIETARY SUPPLEMENT

NET WEIGHT: 16.7 OZ (1.04 LBS) (474g)

## Supplement Facts

Serving Size: 1 Scoop (7.9g)

Servings Per Container: About 60

| Amount Per Serving                    | % Daily Value |   |
|---------------------------------------|---------------|---|
| Creatine (from Creatine Monohydrate   | 5g            | † |
| 4g, from Creatine Nitrate (as NO3-T®) |               |   |
| 1.515g (67% Creatine))                |               |   |
| Nitrate (from Creatine Nitrate        |               |   |
| (as NO3-T®))                          | 500mg         | † |

† Daily Value not established

**OTHER INGREDIENTS:** Citric Acid, Malic Acid, Natural & Artificial Flavors, Sucralose, Calcium Silicate, Silicon Dioxide, Beet Root Powder (Color).

DISTRIBUTED BY:

PHD Fitness, 31238 Via Colinas, Suite A-3  
Westlake Village, CA 91362 USA 1-888-557-7774

**SUGGESTED USE:** As a dietary supplement, mix one (1) scoop of CREATINE+ in 16-24 oz of water, once per day. For better results, take with food or a supplement containing calories and/or BCAAs like Pro JYM, Pre JYM or Post JYM.\*

**WARNINGS:** Do not use if pregnant, nursing, or under the age of 18. Use only as directed. Consult your physician before using this or any other dietary supplement, especially if you have any known or suspected medical conditions and/or if you are taking any prescription or OTC medication. Do not use with PDE5 inhibitors, nitrates, or other blood pressure lowering medications and/or supplements. Do not exceed the recommended daily servings. Discontinue two weeks prior to surgery.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place. Do not purchase if the seal is missing or broken.