

**BACKED BY SCIENCE.
PROVEN BY YOU.**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



L:PULSESFROP2.OCN

Developed by Legion
1255 Cleveland St. Floor 4
Clearwater, FL 33755
©2022, Legion Athletics, Inc.
www.legionathletics.com



**NATURAL
INGREDIENTS**



**THIRD-PARTY
TESTED**



**MADE IN
THE USA**



legion®

PULSE

STIM-FREE PRE-WORKOUT DRINK

TROPICAL PUNCH

- + **Boosts strength, endurance, & focus***
- + **8 grams of citrulline malate**
- + **3.6 grams of beta-alanine**

NATURALLY SWEETENED
AND FLAVORED
100%

20 Servings / Dietary Supplement / Net Wt. 432 G (0.95 lbs)

DIRECTIONS:

First time using Pulse? Assess your individual tolerance by mixing 1 scoop with 10-12 ounces of water and consuming 15-30 minutes prior to exercise. If you experience any non-optimum effects, stop and consult your doctor. We recommend using 1 scoop 15-30 minutes prior to weight training or intense cardio, or 2 scoops (full clinical dosages) for intense weight training or cardio lasting longer than 45 minutes.

Notice to California consumers: ⚠️ **WARNING:** This product can expose you to chemicals including lead, which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information, visit www.P65Warnings.ca.gov.

Not intended for persons under the age of 18. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medication. Improper use of this product will not improve results and is potentially hazardous to a person's health. Use only as directed. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

Supplement Facts

Serving Size: 2 Scoops (21.6 g)
Servings Per Container: 20

	Amount Per Serving	%DV*
Calories	3	
Total Carbohydrates	5 g	2%
Calcium (as Calcium Silicate and Naturally Occurring)	30 mg	2%
Sodium (as Sodium Citrate and Naturally Occurring)	70 mg	3%
Potassium (as Tripotassium Citrate and Naturally Occurring)	140 mg	3%
L-Citrulline DL-Malate 2:1	8 g	†
Beta Alanine	3.6 g	†
Betaine Anhydrous	2.5 g	†
Alpha-Glycerol Phosphoryl Choline (GPC) 50%	300 mg	†

*Percent Daily Values are based on a 2000 calorie diet
†Daily Value not established

Other Ingredients: Natural Sweetener (Erythritol), Silica, Natural Flavors, Stevia Leaf Extract, Beta-Carotene (Color), Paprika Oleoresin (Color).

Allergen Warning: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.