

LOW CARB MEAL REPLACEMENT[‡]

THE MRE PROTEIN LINE IS BUILT OFF THE PREMISE THAT 'REAL FOOD IS THE MOST IMPORTANT FUEL YOU CAN GIVE YOUR BODY.' FORMULATED WITHOUT WHEY PROTEIN,[†] MRE LITE IS A DELICIOUS WAY TO UP YOUR PROTEIN INTAKE. PLUS IT'S GENTLE ON YOUR STOMACH AND TASTES DELICIOUS.



BUILD & RECOVER ANY TIME OF DAY



MULTIPLE WHOLE FOOD PROTEIN SOURCES



CREAMY MILKSHAKE TASTE & TEXTURE.



NO WHEY, EASY TO DIGEST[†]

FOR BEST RESULTS



HOW TO TAKE

MIX (1) SCOOP OF MRE LITE WITH 4-6oz OF WATER OR YOUR FAVORITE BEVERAGE. SHAKE WELL AND CONSUME.



WHEN TO TAKE

ANY TIME OF DAY AS A HIGH PROTEIN, COMPLETE MEAL REPLACEMENT.



WATCH VIDEO SCAN TO LEARN MORE

NOTICE: Use this product as a food supplement only. Do not use weight reduction.
† Not a low calorie food. See nutrition information for calorie and sugar content.
‡ Contains Milk. See nutrition panel for allergen information.
MRE LITE[®]: 3g total carbohydrate per serving compared to MRE[®]: 75g total carbohydrate per serving

REDCON1

MRE LITE[®]

30 SERVINGS

WHOLE FOOD PROTEIN

24g PROTEIN //

NO WHEY[†] //

130 CALORIES //

PROTEIN POWDER DRINK MIX
Net Wt. 34.40 oz (2.15 lb) (975g)

SOLD BY WEIGHT NOT VOLUME



FUDGE BROWNIE
NATURALLY AND ARTIFICIALLY FLAVORED

24g PROTEIN

0g ADDED SUGAR**

130 CALORIES

Nutrition Facts

30 servings per container
Serving size 1 Scoop (32.5g)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 3g	1%
Dietary Fiber <1g	2%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 24g	48%
Vitamin D 0mcg	0%
Calcium 350mg	25%
Iron 0.9mg	6%
Potassium 95mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

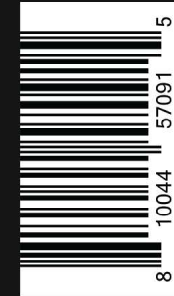
Ingredients: Whole Food Protein Blend (Beef Protein Isolate, Pea Protein, Chicken Protein, Egg Albumin, Salmon Protein, Brown Rice Protein), Milk Powder (for texture), Cocoa (processed with alkali), Medium Chain Triglyceride Oil Powder (Nonfat Dry Milk, Potassium Phosphate), Natural and Artificial Flavors, Salt, Sucralose, Acesulfame Potassium, Cellulose Gum, Silica, Maltodextrin.

Contains: Milk, Egg, Fish (Salmon), Tree Nuts (Coconut).

Manufactured on shared equipment which processes products containing Milk, Egg, Soy, Peanuts, Tree Nuts, Wheat, Shellfish, Fish and Sesame.

DISTRIBUTED BY: REDCON1, LLC 701 PARK OF COMMERCE BLVD.
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Settling may occur. Keep in a cool, dry place. Store at 59-86°F (15-30°C)



V.2.1

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