

LOW CARB MEAL REPLACEMENT†

THE MRE PROTEIN LINE IS BUILT OFF THE PREMISE THAT 'REAL FOOD IS THE MOST IMPORTANT FUEL YOU CAN GIVE YOUR BODY.' FORMULATED WITHOUT WHEY PROTEIN,† MRE LITE IS A DELICIOUS WAY TO UP YOUR PROTEIN INTAKE. PLUS IT'S GENTLE ON YOUR STOMACH AND TASTES DELICIOUS.



BUILD & RECOVER
ANY TIME OF DAY



MULTIPLE WHOLE FOOD
PROTEIN SOURCES



CREAMY MILKSHAKE
TASTE & TEXTURE.



NO WHEY,
EASY TO DIGEST†

FOR BEST RESULTS



HOW TO TAKE

MIX (1) SCOOP OF MRE LITE
WITH 4-6oz OF WATER
OR YOUR FAVORITE BEVERAGE.
SHAKE WELL AND CONSUME.



WHEN TO TAKE

ANY TIME OF DAY
AS A HIGH PROTEIN,
COMPLETE MEAL
REPLACEMENT.



WATCH VIDEO SCAN TO LEARN MORE

† MRE LITE: 3g total carbohydrate per serving compared to MRE: 75g total carbohydrate per serving.

** Not a low calorie food. See nutrition information for calorie and sugar content.

† Contains Milk. See nutrition panel for allergen information.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

REDCON1

MRE LITE®

30 SERVINGS

WHOLE FOOD PROTEIN

24g PROTEIN //

NO WHEY† //

120 CALORIES //



PROTEIN POWDER DRINK MIX
Net Wt. 34.39 oz (2.15 lb) (975g)

SOLD BY WEIGHT NOT VOLUME

OATMEAL CHOCOLATE CHIP
NATURALLY AND ARTIFICIALLY FLAVORED

120 CALORIES

0g ADDED SUGAR**

24g PROTEIN

Nutrition Facts

30 servings per container
Serving size 1 Scoop (32.5g)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 24g	48%
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 10mg	0%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Food Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Chicken Protein, Egg Albumin, Salmon Protein), Brown Rice Protein, Milk Powder (for texture), Medium Chain Triglyceride (MCT) Oil Powder (Nonfat Dry Milk, Potassium Phosphate), Natural and Artificial Flavors, Cookie Pieces (Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), High Oleic Canola Oil and/or Palm Oil and/or Soybean Oil, High Fructose Corn Syrup, Cornstarch, Leavening (Baking Soda and/or Calcium Phosphate), Soy Lecithin, Vanillin (an Artificial Flavor), Chocolate), Cocoa (processed with alkali), Salt, Sucralose, Acesulfame Potassium, Cellulose Gum, Silica, Maltodextrin.

Contains: Milk, Egg, Fish (Salmon), Tree Nuts (Coconut), Wheat, Soy.

Manufactured in a facility that processes Milk, Egg, Soy, Peanuts, Tree Nuts, Wheat, Shellfish, Fish and Sesame.

DISTRIBUTED BY: REDCON1, LLC
701 PARK OF COMMERCE BLVD.
BOCA RATON, FL 33487

TEL: 1(855) 733-2661 Contains bioengineered food ingredients

Sold by weight not volume. Product does not completely fill container. Settling occurs in shipping. Keep in a cool, dry place.



V.3.1

@REDCON1



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