

## THE OBJECTIVE:

THE MRE PROTEIN LINE IS BUILT OFF THE PREMISE THAT 'REAL FOOD IS THE MOST IMPORTANT FUEL YOU CAN GIVE YOUR BODY'. FORMULATED WITHOUT WHEY PROTEIN,\*\* MRE LITE HAS 24G OF PROTEIN, IS EASY TO DIGEST AND TASTES BETTER THAN ANYTHING ELSE ON THE MARKET. MIX. SIP. ENJOY!



**LOW-CARB MEAL REPLACEMENT**



**NO WHEY PROTEIN\*\***



**EASY TO DIGEST**



**WATCH VIDEO**  
SCAN TO LEARN MORE

## MRE LITE<sup>®</sup> SUGGESTED USE:



### WHEN TO USE:

- ANYTIME AS A PROTEIN-PACKED, LOW-CARB, MEAL REPLACEMENT
- POST WORKOUT TO FUEL RECOVERY
- WHEN YOU NEED A WHEY-FREE PROTEIN OPTION\*\*



### HOW TO USE:

MIX (1) SCOOP OF MRE LITE WITH 4-6 OUNCES OF WATER OR YOUR FAVORITE BEVERAGE. SHAKE WELL AND CONSUME.

†Not a low calorie food. See nutrition information for calorie and sugar content.  
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

\*\*Contains Milk. See nutrition panel for allergen information.

**REDCON1**

# MRE LITE<sup>®</sup>

30 SERVINGS

**WHOLE FOOD PROTEIN**

**24g PROTEIN**

**0g ADDED SUGAR†**

**130 CALORIES**

†Not a low calorie food. See nutrition information for calorie and sugar content.  
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**PROTEIN POWDER DRINK MIX**  
Net Wt. 31.64 oz (1.98lb) (897g)

SOLD BY WEIGHT NOT VOLUME



**STRAWBERRY SHORTCAKE**  
NATURALLY AND ARTIFICIALLY FLAVORED

**130 CALORIES**

**0g ADDED SUGAR†**

**24g PROTEIN**

## Nutrition Facts

30 servings per container  
Serving Size **1 Scoops (29g)**

Amount Per Serving  
**Calories 130**

	% Daily Value*
<b>Total Fat</b> 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 85mg	4%
<b>Total Carbohydrate</b> 4g	1%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
<b>Protein</b> 24g	48%
<b>Vitamin D</b> 0mcg	0%
<b>Calcium</b> 24mg	2%
<b>Iron</b> 2mg	25%
<b>Potassium</b> 125mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Food Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Chicken Protein, Egg Albumin, Salmon Protein), Natural and Artificial Flavors, Milk Creamer (for texture), Cellulose Gum, Medium Chain Triglyceride (MCT) Oil Powder, Maltodextrin, Salt, Beet Juice (for color), Sucralose, Acesulfame Potassium.

Contains: Milk, Egg, Fish (Salmon)

**Allergen Warning:** Manufactured on shared equipment which processes products containing Milk, Egg, Soy, Peanuts, Tree Nuts, Wheat, Shellfish and Fish.

DISTRIBUTED BY: REDCON1, LLC  
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Settling may occur. Keep in a cool, dry place. Store at 59-86°F (15-30°C)



V.1.2



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