

## PROTEIN THE TASTIEST WAY

CRAFTED USING MRE'S AWARD-WINNING PROTEIN BLEND AND INSPIRED BY HOSTESS™ FLAVORS, THIS DELICIOUS, LACTOSE FREE<sup>†</sup> FORMULA DELIVERS HIGH-QUALITY NUTRITION WITH REAL INGREDIENTS & A TASTE EXPERIENCE THAT SATISFIES LIKE YOUR FAVORITE TREATS.



HIGH SOURCE OF PROTEIN\*\*



MULTIPLE WHOLE FOOD PROTEIN SOURCES



CREAMY MILKSHAKE TASTE & TEXTURE



LACTOSE FREE<sup>†</sup> EASY TO DIGEST

### FOR BEST RESULTS



**HOW TO TAKE**  
**MIX (1) SCOOP**  
WITH 4-6oz OF WATER  
OR YOUR FAVORITE  
BEVERAGE



**WHEN TO TAKE**  
CONSUME ANYTIME  
THROUGHOUT  
THE DAY



WATCH VIDEO SCAN TO LEARN MORE

\*\* Not a low calorie food. See nutrition information for calorie and sugar content.

† Contains Milk. See nutrition panel for allergen information.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Hostess  
Twinkies

REDCON1

LACTOSE FREE<sup>†</sup>  
EASY TO DIGEST

120 CALORIES

0g ADDED SUGAR\*\*

30 SERVINGS

# MRE LITE<sup>®</sup>

WHOLE FOOD PROTEIN

**26g** | **120** | **2g** | **1g**  
PROTEIN | CALORIES | CARBS | FAT



PROTEIN POWDER DRINK MIX  
Net Wt. 33.4oz (2.14lb) (972g)  
SOLD BY WEIGHT NOT VOLUME

Hostess  
Twinkies  
NATURALLY & ARTIFICIALLY FLAVORED

## Nutrition Facts

30 servings per container	
Serving size	1 Scoop (32.4g)
Amount per serving	
<b>Calories</b>	<b>120</b>
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein 26g</b>	<b>28%</b>
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 1.8mg	10%
Potassium 30mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole Food Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Chicken Protein, Egg Albumin, Salmon Protein), Milk Protein Concentrate, Natural & Artificial Flavors, Cellulose Gum, MCT Oil Powder (Medium Chain Triglycerides, Sodium Caseinate), Salt, Citric Acid, L-Tryptophan, Sucralose, Acesulfame Potassium.

Contains: Egg, Fish (Salmon), Milk.

Allergen Warning: Manufactured on shared equipment which processes products containing Milk, Egg, Soy, Peanuts, Tree Nuts, Wheat, Shellfish, Fish and Sesame.

DISTRIBUTED BY: REDCON1, LLC  
701 PARK OF COMMERCE BLVD.  
BOCA RATON, FL 33487  
TEL: 1(855) 733-2661

Sold by weight not volume. Product does not completely fill container. Settling occurs in shipping. Keep in a cool, dry place.

© REDCON1, LLC. All Rights Reserved.

© HOSTESS and TWINKIES are trademarks of Hostess Brands, LLC, used under license.



V.1.1

YouTube  
Facebook  
Instagram

REDCON1.COM

@REDCON1