

PROTEIN THE TASTIEST WAY

CRAFTED USING MRE'S AWARD-WINNING PROTEIN BLEND AND INSPIRED BY **HOSTESS**™ FLAVORS, THIS DELICIOUS, LACTOSE FREE[†] FORMULA DELIVERS HIGH-QUALITY NUTRITION WITH REAL INGREDIENTS & A TASTE EXPERIENCE THAT SATISFIES LIKE YOUR FAVORITE TREATS.



HIGH SOURCE OF PROTEIN**



MULTIPLE WHOLE FOOD PROTEIN SOURCES



CREAMY MILKSHAKE TASTE & TEXTURE



LACTOSE FREE[†] EASY TO DIGEST

FOR BEST RESULTS



HOW TO TAKE
MIX (1) SCOOP WITH 4-6oz OF WATER OR YOUR FAVORITE BEVERAGE



WHEN TO TAKE
CONSUME ANYTIME THROUGHOUT THE DAY



WATCH VIDEO SCAN TO LEARN MORE

** Not a low calorie food. See nutrition information for calorie and sugar content.

† Contains Milk. See nutrition panel for allergen information.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Hostess
Cupcakes

REDCON1

LACTOSE FREE[†]
EASY TO DIGEST

120 CALORIES

0g ADDED SUGAR**

30 SERVINGS



MRE LITE®

WHOLE FOOD PROTEIN

26g
PROTEIN

120
CALORIES

2g
CARBS

1g
FAT



PROTEIN POWDER DRINK MIX
Net Wt. 35.2oz (2.2lb) (999g)
SOLD BY WEIGHT NOT VOLUME

Hostess
Cupcakes

NATURALLY & ARTIFICIALLY FLAVORED

Nutrition Facts

30 servings per container		1 Scoop (33.3g)	
Serving size			
Amount per serving			
Calories		120	
		% Daily Value*	
Total Fat	1g		1%
Saturated Fat	0.5g		3%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	210mg		9%
Total Carbohydrate	2g		1%
Dietary Fiber	1g		4%
Total Sugars	g		
Includes 0g Added Sugars			0%
Protein	26g		28%
Vitamin D	0mcg		0%
Calcium	100mg		8%
Iron	2.4mg		15%
Potassium	110mg		2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whole Food Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Chicken Protein, Egg Albumin, Salmon Protein), Milk Protein Concentrate, Natural & Artificial Flavors, Alkalized Cocoa Powder, Cellulose Gum, MCT Oil Powder (Medium Chain Triglycerides, Sodium Caseinate), Salt, L-Tryptophan, Sucralose, Acesulfame Potassium.

Contains: Egg, Fish (Salmon), Milk.

Allergen Warning: Manufactured on shared equipment which processes products containing Milk, Egg, Soy, Peanuts, Tree Nuts, Wheat, Shellfish, Fish and Sesame.

DISTRIBUTED BY: REDCON1, LLC
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Sold by weight not volume. Product does not completely fill container. Settling occurs in shipping. Keep in a cool, dry place.

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