

1 PUMP[†]
2 ENERGY[†]
3 STRENGTH[†]

ADVANCED BENEFITS OF RYSE UP LOADED PRE



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WWW.RYSESUPPS.COM

California Prop 65 Warning: This product may expose you to chemicals known to the state of California to cause cancer, birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

help you feel your best



RYSE

30
SERVINGS

Supplement Facts

Serving Size 1 scoop (13.1g)
 Servings Per Container 30

	Amount Per Serving	%DV
Sodium	140mg	6%
Potassium	137mg	3%
L-Citrulline	4,500mg	**
Beta Alanine	3,500mg	**
Caffeine Anhydrous	300mg	**
Cognizin® (Citicoline)	250mg	**
Delayed Release Caffeine (std. min. 75% caffeine) (as zumXR®)	120mg	**
Theobromine	100mg	**
L-Theanine	50mg	**

**Daily Value (DV) not established.

Other Ingredients: Malic Acid, Natural and Artificial Flavor, Sodium Bicarbonate, Potassium Bicarbonate, Silicon Dioxide, Sucralose, Calcium Silicate, Citric Acid, Edible Glitter [Gum Arabic, Beet Root Juice Concentrate (color), Citric Acid], Acesulfame Potassium, Beet Root Extract (color).

RYSE UP™ ENERGY GUIDE

390MG CAFFEINE
YIELDED PER SCOOP

250MG COGNIZIN®
PER SCOOP

4.56 L-CITRULLINE
PER SCOOP

SUGGESTED USE / MIX DIRECTIONS: MIX 1 LEVEL SCOOP WITH 10-12 OZ. OF WATER & CONSUME 15-30 MIN PRIOR TO EXERCISE. VARY AMOUNT OF LIQUID TO TASTE. **CAUTION: DO NOT EXCEED ONE SERVING PER DAY.**

BEGINNERS: TAKE 1/2 SCOOP TO ASSESS TOLERANCE

ZUMXR® IS A REGISTERED TRADEMARK OF NANO PHARMACEUTICALS LABORATORIES, LLC. PATENTS AND PATENTS PENDING.
 COGNIZIN® IS A REGISTERED TRADEMARK OF KYOWA HAKKO BIO CO., LTD.



[HIGH STIM PRE-WORKOUT]



RYSE UP
SUPPLEMENTS™

LOADED PRE

PINK SPLASH
NATURAL AND ARTIFICIAL FLAVOR



DIETARY SUPPLEMENT // NET WT. 393 G (13.9 OZ.)

Manufactured for: Ryse Up Sports Nutrition LLC, 631 Industry Way, Prosper, TX 75078
 INFO@RYSESUPPS.COM / 1-855-RYSEUP1 (97-3871) / WWW.RYSESUPPS.COM

FOR BATCH NUMBER AND USE BY DATE: SEE CONTAINER STORE IN A COOL, DRY PLACE. BIOENGINEERED FOOD

WARNING: RYSE UP™ PRODUCTS ARE INTENDED ONLY FOR HEALTHY ADULTS OVER THE AGE OF 18. DO NOT USE IF YOU ARE CURRENTLY PREGNANT OR NURSING, COULD BE PREGNANT, OR ARE ATTEMPTING TO BECOME PREGNANT. CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DISCONTINUE USE AND CONTACT A DOCTOR IMMEDIATELY IF YOU EXPERIENCE AN IRREGULAR OR RAPID HEART BEAT, CHEST PAIN, SHORTNESS OF BREATH, DIZZINESS, LIGHTHEADEDNESS, FAINTING OR PRESYNCOPE, TREMORS, HEADACHE, NAUSEA, OR OTHER SIMILAR SYMPTOMS. IF YOU ARE A PERFORMANCE ATHLETE, PLEASE CHECK WITH YOUR SANCTIONING BODY PRIOR TO USE TO ENSURE COMPLIANCE. CONTAINS CAFFEINE AND SHOULD NOT BE USED IN COMBINATION WITH ALCOHOL OR STIMULANTS FROM OTHER SOURCES.



KEEP OUT OF REACH OF CHILDREN.
INTENDED FOR HEALTHY ADULTS 18+