

- 1** BUILD
- 2** RECOVER
- 3** STRENGTH

ADVANCED BENEFITS OF RYSE UP LOADED PROTEIN™

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California Prop 65 Warning: This product may expose you to chemicals known to the state of California to cause cancer, birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

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*Feel Your Freshness*



**RYSE**

27

LOADED PROTEIN  
PREMIUM WHEY PROTEIN WITH MCTs

*Cosmic Brownies*  
NATURALLY FLAVORED

PROTEIN DRINK MIX // NET WT. 1,002G (2.2LB)

**NUTRITION FACTS**  
About 27 servings per container  
Serving size Approximately 1 Scoop (37.1g)

Amount per serving		% Daily Value*
<b>Calories</b>	<b>150</b>	
<b>Total Fat</b> 3g		4%
Saturated Fat 2g		10%
Trans Fat 0g		
<b>Cholesterol</b> 50mg		17%
<b>Sodium</b> 320mg		14%
<b>Total Carbohydrate</b> 5g		2%
Dietary Fiber 2g		7%
Total Sugars 2g		
Includes less than 1g Added Sugars		1%
<b>Protein</b> 25g		
Vitamin D 0mcg		0%
Calcium 130mg		10%
Iron 1.6mg		8%
Potassium 200mg		4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Instantized Whey Protein Isolate, Instantized Whey Protein Concentrate, Alkylized Black Cocoa, Medium Chain Triglyceride Powder [medium chain triglycerides (from palm kernel and coconut oil), sodium caseinate (a milk derivative), contains 2% or less of each of the following: silicon dioxide, sunflower lecithin], Organic Agave Inulin, Rainbow Candy Coated Chocolate Chips [chocolate flavored chips, (sugar, hydrogenated palm kernel oil, cocoa (processed with alkali), dextrose, soy lecithin), sugar, titanium dioxide (color), confectioner's glaze, carnauba wax, blue #2 lake, yellow #5 lake, gum arabic, red #40 lake, blue #1 lake, maltodextrin, red #8, yellow #6 lake, red #10], Natural Flavor, Salt, Gum Blend [cellulose gum, xanthan gum, carrageenan], Organic Mexican Dried Coffee, Sucralose, Acesulfame Potassium.

**ALLERGENS:** Milk, Soy, Tree Nuts (coconut)



**SUGGESTED USE:** Mix one scoop (37.1g) of RYSE LOADED LITTLE DEBBIE Cosmic Brownie® Flavored Protein with 6-8 oz. of water or beverage of choice. Consume anytime to supplement your protein intake. Vary amount of liquid to taste.



**SHAKE IT, SPOON IT, BLEND IT, ENJOY!**

How do you enjoy LITTLE DEBBIE Cosmic Brownie® Flavored Protein? Shake it, spoon it or blend it! From blended protein smoothies to protein oats, there are countless ways to enjoy the delicious taste from our LITTLE DEBBIE Cosmic Brownie® Flavored Protein.

**WARNING:** Ryse up™ products are intended only for healthy adults over the age of 18. Do not use if you are currently pregnant or nursing, could be pregnant, or are attempting to become pregnant. Consult a licensed healthcare practitioner before using this product. Discontinue use and contact a doctor immediately if you experience an irregular or rapid heart beat, chest pain, shortness of breath, dizziness, lightheadedness, fainting or presyncope, tremors, headache, nausea, or other similar symptoms. If you are a performance athlete, please check with your sanctioning body prior to use to ensure compliance.



**RYSE UP**  
SUPPLEMENTS™



*Cosmic Brownies*

**MADE IN THE USA**  
WITH COMPONENTS OF DOMESTIC AND INTERNATIONAL ORIGIN

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