

DESIGNED TO RYSE ABOVE  
+ FUEL YOUR GREATNESS.

0g  
SUGAR

6g  
L-CITRULLINE

3.5g  
BETA-ALANINE

325MG  
TOTAL CAFFEINE  
\*PER SERVING



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**RYSE**   
**LOADED PRE**  
READY-TO-DRINK PRE-WORKOUT

**NOSTALGIC  
FLAVOR!**



325MG  
CAFFEINE

1 SERVING  
12 FL OZ (355 ML)

NATURALLY AND ARTIFICIALLY FLAVORED  
SHAKE WELL BEFORE USE

**CHERRY**  
DIETARY  
SUPPLEMENT

**Supplement Facts**

Serving Size 1 Bottle (12 fl oz)  
Servings Per Container 1

	Amount Per Serving	%DV
Sodium (from Sodium Citrate)	120mg	5%
Potassium (from Potassium Citrate)	140mg	2%
L-Citrulline	6,000mg	**
Beta Alanine	3,500mg	**
Caffeine Anhydrous	250mg	**
Di-Caffeine Malate	100mg	**
Theobromine	100mg	**
L-Theanine	50mg	**

\*Percent Daily Values are based on a 2,000 Calorie diet.  
\*\*Daily Value (DV) not established.

**Other Ingredients:** Filtered Water, Phosphoric Acid, Tartaric Acid, Natural and Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Sodium Hexametaphosphate (to protect flavor), Potassium Sorbate (preserves freshness), Sodium Benzoate (preserves freshness), Acesulfame Potassium, Calcium Disodium EDTA (to protect flavor).

**WARNING:** RYSE Loaded Pre RTD is intended only for healthy adults. Keep out of reach of children. Do not use if you are pregnant or nursing. Consult a licensed healthcare practitioner prior to using this product. Discontinue use and consult your physician if you experience irregular or rapid heartbeat, chest pain, shortness of breath or other similar symptoms.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

FOR BEST TASTE, DRINK COLD.  
REFRIGERATE AFTER OPENING.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Prop 65 Warning: This product may expose you to chemicals known to the state of California to cause cancer, birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**How to Use: SHAKE BOTTLE WELL.**  
Consume RYSE Loaded Pre RTD 20-30 minutes prior to training or exercise. Beginners should assess tolerance by starting with a 1/2 bottle.

Manufactured Exclusively for:  
Ryse Up Sports Nutrition, LLC, 651 Industry Way, Prosper, TX 75078  
1-855-RYSE-UP1 INFO@RYSESUPPS.COM  
WWW.RYSESUPPS.COM

CONTAINS 325MG OF CAFFEINE  
PER 12 FL OZ SERVING (BOTTLE)

INTENDED FOR HEALTHY ADULTS 18+

CLP0R2018PC-V1

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**MADE IN THE USA**  
with ingredients of international and domestic origin.

