

Nutrition Facts

Serving Size 1 Bottle (355mL)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 3g 4%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 240mg 10%

Total Carbohydrate 5g 2%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 30g

Vitamin D 0.2mcg 2%

Calcium 640mg 50%

Iron 1.6mg 10%

Potassium 590mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FILTERED WATER, RYSE PROTEIN BLEND (MILK PROTEIN CONCENTRATE, CALCIUM CASEINATE, MICELLAR CASEIN), ALKALIZED COCOA POWDER, HIGH OLEIC SUNFLOWER OIL, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GUM, CELLULOSE GEL, SUNFLOWER LECITHIN, SEA SALT, POTASSIUM CHLORIDE, POTASSIUM CITRATE, GELLAN GUM, SODIUM PHOSPHATE, SUCRALOSE, FERMENTED REB-M

ALLERGENS: DAIRY

DO NOT USE IF SEAL IS BROKEN. SHAKE WELL BEFORE SERVING. REFRIGERATE AFTER OPENING. CONSUME WITHIN 7 DAYS AFTER OPENING. NOT FOR USE AS INFANT FORMULA. INTENDED FOR HEALTHY ADULTS 18+