

DESIGNED TO RYSE ABOVE
+ FUEL YOUR GREATNESS.

0g
SUGAR

22g
PROTEIN

100
CALORIES

Nutrition Facts

1 Serving per Packet
Serving size 1 Packet (29g)

Amount per serving

Calories **100**

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	5mg	2%
Sodium	25mg	1%
Total Carbohydrate	1g	0%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	22g	44%
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.1mg	0%
Potassium	40mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey Protein Isolate, Citric Acid, Natural Flavor, Malic Acid, Sucralose, Sodium Citrate, Potassium Citrate, Acesulfame Potassium, Silicone (Anti-Foam), Turmeric (Color).

Contains Milk



MANUFACTURED FOR:
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CCLPR01CTL-R01



MIX 1 PACKET WITH
10-16 OZ OF WATER



SHAKE
WELL!



LET STAND FOR 30
SECONDS & ENJOY!

SUGGESTED USE: Mix one packet (29g) of RYSE CLEAR Country Time™ Lemonade Flavored Protein with 10-16 oz. of cold water (with or without ice). After mixing, wait 30-60 seconds for the natural foaming to settle and then enjoy your refreshing protein packed juicy beverage!

Consume anytime to supplement your protein intake. Vary amount of liquid to taste.

WARNING: RYSE UP™ products are intended only for healthy adults over the age of 18. Do not use if you are currently pregnant or nursing, could be pregnant, or are attempting to become pregnant. Consult a licensed healthcare practitioner before using this product. Discontinue use and contact a doctor immediately if you experience an irregular or rapid heart beat, chest pain, shortness of breath, dizziness, lightheadedness, fainting or presyncope, tremors, headache, nausea, or other similar symptoms. If you are a performance athlete, please check with your sanctioning body prior to use to ensure compliance.

STORE IN A COOL, DRY PLACE.
FOR BEST TASTE, DRINK COLD.

INTENDED FOR HEALTHY ADULTS 18+.

**LIGHT,
JUICY &
FRESH.**



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