

1 PUMP[†] 2 ENERGY[†] 3 STRENGTH[†]

ADVANCED BENEFITS OF RYSE UP LOADED PRE



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WWW.RYSESUPPS.COM

California Prop 65 Warning: This product may expose you to chemicals known to the state of California to cause cancer, birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

Fuel your greatness™

RYSE



LOADED PRE
FIRECRACKER

NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT // NET WT. 363 g (12.8 OZ.)

30

SERVINGS

Supplement Facts

Serving Size 1 Scoop (12.1g)
Servings Per Container 30

	Amount Per Serving	%DV
Total Carbohydrate	<1 g	<1%*
Choline (as Choline L(+)-Bitartrate/VitaCholine®)	200 mg	35%
Calcium	60 mg	4%
Sodium	10 mg	<1%
L-Citrulline	4.5 g	**
Beta Alanine	3.2 g	**
Choline L(+)-Bitartrate (VitaCholine®)	500 mg	**
RYSE® ENERGY FUEL	300 mg	**
Caffeine Anhydrous	270 mg	**
zümXR® Extended Release Caffeine	30 mg	**
Theobromine	100 mg	**
L-Theanine	50 mg	**

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value (DV) not established.

Other Ingredients: Malic Acid, Citric Acid, Natural and Artificial Flavor, Silica, Calcium Silicate, Sucralose, Acesulfame Potassium

RYSE UP™ ENERGY GUIDE

500MG VITACHOLINE®
PER SCOOP

4.5G L-CITRULLINE
PER SCOOP

300MG CAFFEINE
PER SCOOP

SUGGESTED USE / MIX DIRECTIONS: MIX 1 LEVEL SCOOP WITH 10-12 OZ. OF WATER & CONSUME 15-30 MIN PRIOR TO EXERCISE. VARY AMOUNT OF LIQUID TO TASTE. CAUTION: DO NOT EXCEED ONE SERVING PER DAY.

BEGINNERS: TAKE 1/2 SCOOP TO ASSESS TOLERANCE

zümXR® IS A REGISTERED TRADEMARK OF NANO PHARMACEUTICALS LABORATORIES, LLC. PATENTS AND PATENTS PENDING.

VITACHOLINE® IS A REGISTERED TRADEMARK OF BACHELOR CORPORATION.



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RYSE UP

SUPPLEMENTS™

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: Ryse Up Sports Nutrition LLC, 631 Industry Way, Prosper, TX 75078
INFO@RYSESUPPS.COM / 1-855-RYSEUP1 (787-3871) / WWW.RYSESUPPS.COM

FOR BATCH NUMBER AND USE BY DATE: SEE CONTAINER
STORE IN A COOL, DRY PLACE. BIOENGINEERED FOOD

WARNING: RYSE UP™ PRODUCTS ARE INTENDED ONLY FOR HEALTHY ADULTS OVER THE AGE OF 18. DO NOT USE IF YOU ARE CURRENTLY PREGNANT OR NURSING, COULD BE PREGNANT, OR ARE ATTEMPTING TO BECOME PREGNANT. CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DISCONTINUE USE AND CONTACT A DOCTOR IMMEDIATELY IF YOU EXPERIENCE ANY IRREGULAR OR RAPID HEART BEAT, CHEST PAIN, SHORTNESS OF BREATH, DIZZINESS, LIGHTHEADEDNESS, FADING OR PRESBYOPE, TREMORS, HEADACHE, NAUSEA, OR OTHER SIMILAR SYMPTOMS. IF YOU ARE A PERFORMANCE ATHLETE, PLEASE CHECK WITH YOUR SANCTIONING BODY PRIOR TO USE TO ENSURE COMPLIANCE. CONTAINS CAFFEINE AND SHOULD NOT BE USED IN COMBINATION WITH ALCOHOL OR STIMULANTS FROM OTHER SOURCES.



KEEP OUT OF REACH OF CHILDREN.
INTENDED FOR HEALTHY ADULTS 18+