

1 SIZE[†]
2 STRENGTH[†]
3 ENDURANCE[†]

ADVANCED BENEFITS OF RYSE UP CREATINE



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SCAN ME    

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[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

fuel your fire
fitness[™]



RYSE UP
SUPPLEMENTS[™]



RYSE  [™]



CREATINE MONOHYDRATE
FIRECRACKER

NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT // NET WT. 342 g (12.1 OZ.)

45

SERVINGS



SUGGESTED USE: TAKE 1 SERVING (7.6G) DAILY MIXED WITH YOUR FAVORITE PRE-OR-POST WORKOUT BEVERAGE.

Supplement Facts

Serving Size Approximately (7.6g)
 Servings Per Container 45

	Amount Per Serving	%DV
Sodium	20 mg	<1%
Creatine Monohydrate	5 g	**

*Percent Daily Values are based on a 2,000 calorie diet
 **Daily Value (DV) not established.

Other Ingredients: Malic Acid, Citric Acid, Natural and Artificial Flavor, Silica, Sucralose, Acesulfame Potassium, Salt, Potassium Chloride

STACKS WITH

LOADED[™] PRE

LOADED[™] PROTEIN

GODZILLA PRE

FOR MAXIMUM EFFECTS & BENEFITS



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FOR BATCH NUMBER AND USE BY DATE: SEE CONTAINER
 STORE IN A COOL, DRY PLACE.

WARNING: RYSE UP[™] PRODUCTS IS INTENDED ONLY FOR HEALTHY ADULTS ABOVE THE AGE OF 18. ALL INDIVIDUALS SHOULD CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DO NOT USE THIS PRODUCT IF YOU ARE PREGNANT OR NURSING OR PLANNING ON BECOMING PREGNANT. DO NOT USE THIS PRODUCT IF YOU HAVE BEEN DIAGNOSED WITH OR HAVE A FAMILY HISTORY OF SERIOUS ILLNESS OR HYPERTENSION. DISCONTINUE USE AND CONTACT A MEDICAL DOCTOR IMMEDIATELY IF YOU EXPERIENCE AN ADVERSE REACTION. KEEP OUT OF REACH OF CHILDREN.

California Prop 65 Warning: This product may expose you to chemicals known to the state of California to cause cancer, birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.