



WHEN TO TAKE?

- BREAKFAST
- POST-WORKOUT
- ANYTIME SNACK
- BEFORE BED

HOW DO YOU CONSUME YOUR RYSE LOADED PROTEIN? SHAKE IT, SPOON IT OR BLEND IT! FROM BLENDED PROTEIN SMOOTHIES TO PROTEIN OATS, THERE ARE COUNTLESS WAYS TO ENJOY THE DELICIOUS TASTE FROM OUR RYSE LOADED PROTEIN ANYTIME OF THE DAY.

WARNING: This product is only intended for healthy adults. If you are pregnant, nursing, taking any medications, or have a medical condition, consult your healthcare provider before using this product. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

California Prop 65 Warning: This product may expose you to chemicals known to the state of California to cause cancer, birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

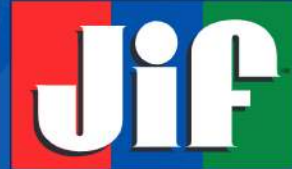
#WERYSEABOVE
CHECK US OUT @RYSE
VISIT US WWW.RYSESUPPS.COM

DESIGNED TO RYSE ABOVE
+ FUEL YOUR GREATNESS.

PEANUT BUTTER



RYSE
LOADED PROTEIN



CREAMY
PEANUT
BUTTER

NET WT. 2.4 LB (1,080 G) PROTEIN POWDER DRINK MIX

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

27

SERVINGS



25G
PROTEIN
+ PREBIOTIC FIBER
+ 1g PREMIUM MCTs

Nutrition Facts

27 servings per container

Serving size Approximately 1 Scoop (40g)

Amount per serving
Calories 150

% Daily Value*

Total Fat	3g	4%
Saturated Fat	2g	10%
Trans Fat	0g	
Cholesterol	50mg	17%
Sodium	280mg	12%
Total Carbohydrate	5g	2%
Dietary Fiber	1g	4%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	25g	50%
Vitamin D	0mcg	0%
Calcium	130mg	10%
Iron	0.4mg	2%
Potassium	280mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: INSTANTIZED WHEY PROTEIN ISOLATE, INSTANTIZED WHEY PROTEIN CONCENTRATE, POWDERED PEANUT BUTTER, MEDIUM CHAIN TRIGLYCERIDE POWDER (MEDIUM CHAIN TRIGLYCERIDES (FROM PALM KERNEL AND COCONUT OIL), SODIUM CASEINATE (A MILK DERIVATIVE), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SILICON DIOXIDE, SUNFLOWER LECITHIN), ORGANIC AGAVE (INULIN, NATURAL AND ARTIFICIAL FLAVOR, SALT, GUM BLEND (CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN), SUCRALOSE, POTASSIUM CHLORIDE, ACESULFAME POTASSIUM

CONTAINS: MILK, SOY, & PEANUTS
CONTAINS A BIOENGINEERED INGREDIENT



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MANUFACTURED FOR:
RYSE UP SPORTS NUTRITION LLC.
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PROSPER, TX 75078
1 (855) RYSE-UP1



MADE IN THE USA
FROM DOMESTIC AND
INTERNATIONAL INGREDIENTS

SUGGESTED USE: MIX ONE SCOOP (40G) OF RYSE LOADED PROTEIN WITH 6-8 OZ. OF WATER OR BEVERAGE OF CHOICE. CONSUME ANYTIME TO SUPPLEMENT YOUR PROTEIN INTAKE. VARY AMOUNT OF LIQUID TO TASTE.

1g PREMIUM MCTs + PREBIOTIC FIBER | WPI WHEY PROTEIN ISOLATE AS PRIMARY SOURCE | GUT & DIGESTION FRIENDLY

RYSE LOADED PROTEIN
BUILD
RECOVER
STRENGTH

