



CONTENTS
SOLD BY
WEIGHT NOT
VOLUME.
SETTLING
WILL OCCUR.



WHEN TO TAKE?

- BREAKFAST
- POST-WORKOUT
- ANYTIME SNACK
- BEFORE BED

HOW DO YOU CONSUME YOUR RYSE LOADED PROTEIN? SHAKE IT, SPOON IT OR BLEND IT! FROM BLENDED PROTEIN SMOOTHIES TO PROTEIN OATS, THERE ARE COUNTLESS WAYS TO ENJOY THE DELICIOUS TASTE FROM OUR RYSE LOADED PROTEIN ANYTIME OF THE DAY.

WARNING: This product is only intended for healthy adults. If you are pregnant, nursing, taking any medications, or have a medical condition, consult your healthcare provider before using this product. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

California Prop 65 Warning: This product may expose you to chemicals known to the state of California to cause cancer, birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

#WERYSEABOVE

CHECK US OUT @RYSE
VISIT US WWW.RYSESUPPS.COM

DESIGNED TO RYSE ABOVE
+ FUEL YOUR GREATNESS.

FROSTED'S'MORES



1g
MCTS +
PREBIOTIC FIBER



RYSE
LOADED PROTEIN



FOR ILLUSTRATION ONLY
NATURAL AND ARTIFICIAL FLAVORS



NET WT. 2.3 LB (1,053 G) PROTEIN POWDER
DRINK MIX

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

27

SERVINGS



25g
PROTEIN

150
CALORIES

PER SERVING

Nutrition Facts

27 servings per container

Serving size 1 Scoop (39g)

Amount per serving
Calories 150

% Daily Value*

Total Fat	3g	4%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	45mg	15%
Sodium	210mg	9%
Total Carbohydrate	6g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 1g Added Sugars		2%
Protein	25g	50%
Vitamin D	0mcg	0%
Calcium	120mg	10%
Iron	0.9mg	6%
Potassium	240mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, COCOA PROCESSED WITH ALKALI, NATURAL & ARTIFICIAL FLAVORS, MCT OIL POWDER (MEDIUM CHAIN TRIGLYCERIDES, GUM ACACIA), MINI MARSHMALLOWS (SUGAR, CORN SYRUP, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF GELATIN, NATURAL FLAVOR), ORGANIC AGAVE INULIN, GUM BLEND (GUAR GUM, GUM ACACIA, XANTHAN GUM), SOY AND/OR SUNFLOWER LECITHIN, SUCRALOSE, AGESULFAME POTASSIUM

CONTAINS: MILK, SOY

CONTAINS A BIOENGINEERED INGREDIENT



POP-TARTS AND AFFILIATED MARKS ARE TRADEMARKS OF KELLOGG NA CO. LLC, USED WITH PERMISSION.

MANUFACTURED FOR:
RYSE UP SPORTS NUTRITION LLC.,
631 INDUSTRY WAY,
PROSPER, TX 75078
1 (855) RYSE-UP1



MADE IN THE USA
FROM DOMESTIC AND
INTERNATIONAL INGREDIENTS

SUGGESTED USE: MIX ONE SCOOP (39G) OF RYSE LOADED PROTEIN WITH 6-8 OZ. OF WATER OR BEVERAGE OF CHOICE. CONSUME ANYTIME TO SUPPLEMENT YOUR PROTEIN INTAKE. VARY AMOUNT OF LIQUID TO TASTE.

1g
PREMIUM MCTS
+ PREBIOTIC FIBER

WPI
WHEY PROTEIN ISOLATE
AS PRIMARY SOURCE

GUT
& DIGESTION
FRIENDLY

RYSE LOADED PROTEIN
**BUILD
RECOVER
STRENGTH**



8 10137 32287 2