

ORIGINAL



**PREBIOTIC FIBER &
PROBIOTIC BLEND**

Promotes healthy digestive balance*

Digestion!

5 g plant fiber & 5 billion active probiotics

Dissolves clear without thickening



DIETARY SUPPLEMENT | NDI #E 8,35-02 (1.00-0)

PLUS 10-0720



**PREBIOTIC FIBER &
PROBIOTIC BLEND**

Life is anything but regular. That's why there's Regular Girl®. A unique blend of prebiotic fiber and probiotics that help support a healthy digestive balance, so you can feel your best from the inside out.*



BALANCE

It's a beautiful thing.

PREBIOTIC FIBER

Feeds the good bacteria in your gut with clinically-proven soluble fiber (acacia), a source through your system to give the right kind of care you may be fed. It makes you feel better.

PROBIOTICS

Billions of active probiotics (Bifidobacterium lactis) work in harmony with our prebiotic fiber to create the good bacteria in your gut, which helps promote regularity and overall health.*

Supplement Facts

Serving Size: 1 Scoop (1g)
Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	0	
Total Carbohydrates	1g	2%
Dietary Fiber	5g	100%
Total Fat	0g	0%
Sodium**	0g	0%
Probiotics (Live Cells)	5g	100%
Prebiotic Fiber (Acacia)**	5g	100%

*Percent Daily Values are based on a diet of 100% natural diet.
**Daily Values are not established.

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Other Ingredients: None

Throughout its program, nursing or taking prescription drugs, consult your healthcare practitioner prior to use. Do not use if safety seal is broken or missing. Keep out of the reach of children. Store in a cool dry place.

Recommendations:

As a dietary supplement, mix one level scoop (1g) into 8-16 ounces of water or any non-fermented beverage. May also be added to smoothies, cereals and more.



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Formulated by Regular Girl, Inc. (Middletown, NY) (100) 1-800-744-7424

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.