

PORTIONS MASTER

BUILD MUSCLE & SUPPORT METABOLISM*

PROTEIN

WHEY ISOLATE

CLEAN | FAST-DIGESTING | MICROFILTERED



NET WT 2LB [908g]
DIETARY SUPPLEMENT

STRAWBERRIES & CREAM

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

* These statements have not been evaluated by the food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.



Keep out of reach of children. Avoid storing in excessive heat, light, and moisture. Produced in a facility that also processes soy, fish, shellfish, milk, peanuts, tree nuts, wheat, and eggs.

MIXING INSTRUCTIONS
Add one level scoop to 8 fl. oz. of water or your favorite beverage. You may add more or less liquid depending on your personal preference. Shake well in a shaker bottle until dissolved or blended.

Balance Any Meal: Supplement any high-carb or high-fat meal with protein.
(Tip: Add a scoop of Portions Master® Whey Isolate to your favorite hot cereal).

In-between Meals: Portions Master® Whey Isolate supports blood sugar levels already in the normal range; cravings, metabolism, and helps maintain energy levels*, making it an optimal choice any time, day or night.

Before Sleep: Rebuild while you sleep. Help prevent protein breakdown that naturally occurs when you sleep.

Post-Workout: Replenish your body with the protein it needs to recover after training.*

Every delicious flavor can be added to your daily intake as follows:

Heat damages protein. Our protein is protected through cold processing, a non-destructive, low temperature method of processing that preserves and protects protein from damages so you get the most benefits.

CFM is a completely chemical-free premium manufacturing process that utilizes ceramic filters to remove lactose, fat and other undesired materials to isolate protein more effectively. CFM protein is superior in its protein per serving ratio and fast, easy digestion. It also possesses more calcium and less sodium than non CFM protein.

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HOW TO USE

Cross-Flow Microfiltered (CFM) protein supplement ideal for supporting metabolism and building muscle.*

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Essential Amino Acids

BCAAs

The L-Tryptophan indicated is from naturally occurring sources of protein

Amount/Serving

1,240 mg L-Alanine

566 mg L-Arginine

2,616 mg L-Aspartic Acid

701 mg L-Cysteine

4,611 mg L-Glutamic Acid

431 mg L-Glycine

404 mg L-Histidine

1,510 mg L-Isoleucine

2,616 mg L-Leucine

1,483 mg L-Phenylalanine

782 mg L-Proline

1,483 mg L-Serine

998 mg L-Tyrosine

431 mg L-Tryptophan

1,645 mg L-Threonine

1,240 mg L-Valine

Amount/Serving

2,616 mg L-Lysine

539 mg L-Methionine

782 mg L-Phenylalanine

1,483 mg L-Serine

998 mg L-Tyrosine

431 mg L-Tryptophan

1,645 mg L-Threonine

1,240 mg L-Valine

TYPICAL AMINO ACID PROFILE

Contains Milk (Whey).

Beet Powder (For Color), Steviol Glycosides.

Ingredients: Whey Protein Isolate, Natural Flavoring, Xanthan Gum, Red

** Daily Value not established.

Percent Daily Values are based on a 2,000 calorie diet.

Amount Per Serving

100

1% Total Fat

5% Cholesterol

<1g Total Carbohydrates

24g Protein

7% Calcium

1% Iron

6% Phosphorous

5% Magnesium

3% Sodium

2% Potassium

Amount Per Serving

110 mg

65 mg

20 mg

70 mg

0.2 mg

1% Iron

90 mg

7% Calcium

24g Protein

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