

EXTRA BOOST

300MG CAFFEINE*

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Alani

PRE-WORKOUT+

FROZEN LEMONADE

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS



BETTER
PUMP*

ADDED
HYDRATION*

ADDED
FOCUS*

30
SERVINGS

DIETARY SUPPLEMENT

NET WT 13.7 OZ (388 g)

Suggested Use: Mix 1/2 scoop in 6-8 fl oz water 20-30 minutes before your workout. Once tolerance has been assessed, you may use one full serving (1 scoop). A slight tingling sensation is normal and is due to the beta-alanine. Be sure to stay hydrated and have a great workout!

WARNING: Product contains 300mg of caffeine per serving. Do not consume more than one serving over 3-4 hours. Do not exceed more than 400 mg caffeine from all sources per day. Do not use if sensitive to caffeine. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat. Consult a physician before use if you are pregnant, lactating, have a medical condition (including but not limited to, hypertension or thyroid conditions), or taking any medication. Not recommended for use by children under 18 years of age. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AN70V2LWLN-02-01



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Supplement Facts

Serving Size: 1 Scoop (13 g)

Servings Per Container: About 30

	Amount Per Serving	%Daily Value
Calories	40	
Choline (as Choline Bitartrate)	200 mg	36%
Calcium	40 mg	3%
Sodium	45 mg	2%
L-Citrulline Malate (2:1)	8 g	†
Beta-Alanine	2 g	†
Caffeine (from <i>Coffea arabica</i> [Bean] Extract and Dicafeine Malate)	300 mg	†
L-Theanine	200 mg	†
Theobromine	100 mg	†
Pink Himalayan Salt	100 mg	†
Huperzine-A (std. min. 1% from <i>Huperzia serrata</i> Root Extract)	100 mcg	†

†Daily Value Not Established

Other Ingredients: Natural Flavors, Sucralose, Silica, Calcium Silicate, Acesulfame Potassium.

Distributed by:



Alani Nutrition LLC
Louisville, KY 40223

‡Per Serving

To report adverse events, please mail to:
7301 Fegenbush Ln STE 202, #4010 Louisville, Kentucky 40228, United States