

Suggested Use: Mix 1/2 scoop in 6-8 fl oz water 20-30 minutes before your workout. Once tolerance has been assessed, you may use one full serving (1scoop) mixed in 12-16 fl oz. A slight tingling sensation is normal and is due to the beta-alanine. Be sure to stay hydrated and have a great workout!

WARNING: Product contains 200mg of caffeine per serving. Do not consume more than one serving over 3-4 hours. Do not exceed more than 2 servings per day. Do not use if sensitive to caffeine. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat. Consult a physician before use if you are pregnant, lactating, have a medical condition (including but not limited to, hypertension or thyroid conditions), or taking any medication. Not recommended for use by children under 18 years of age. **KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



30
SERVINGS

Alani

PRE-WORKOUT

PINK SLUSH

NATURALLY & ARTIFICIALLY FLAVORED



ENERGY
ENDURANCE
PUMP

Supplement Facts

Serving Size: 1 Scoop (10.8 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	35	
Total Carbohydrate	1 g	<1%**
Calcium	35 mg	3%
Sodium	145 mg	6%
L-Citrulline Malate (2:1)	6 g	†
Beta-Alanine	1.6 g	†
L-Tyrosine	500 mg	†
Caffeine (from <i>Coffea arabica</i> [Bean] Extract)	200 mg	†
L-Theanine	200 mg	†

**Percent daily values are based on a 2,000 calorie diet. †Daily Value (DV) Not Established

Other Ingredients: Natural Flavor, Sucralose, Silica, Calcium Silicate, Sodium Citrate, Acesulfame Potassium, Beet Root Extract (for color).

Distributed by: Alani

Alani Nutrition LLC
Louisville, KY 40223

†Per serving

ALANINU.COM



DIETARY SUPPLEMENT

NET WT 11.4 OZ (324g)

To report adverse events, please mail to Alani Nutrition, LLC: 7301 Fegenbush Ln STE 202 #4010, Louisville, KY 40228.