

WE SUPPLEMENT THE FIT TO BECOME THE FITTEST

**POST** is an all-in-one advanced muscle-building and recovery formula. Made with proven sports performance ingredients and antioxidant-rich superfoods, POST combines complex carbohydrates from peas, papaya, pineapple, and pomegranate with fast absorbing pea protein isolate and electrolytes for maximal recovery, muscle growth, and hydration.

**SUGGESTED USE:** Mix one serving (scoop) of POST with 10-12 oz of water after each workout for optimal athletic performance, muscle growth, and recovery. Can be used as a meal replacement as well.

- IMPROVES STRENGTH
- BUILDS MORE MUSCLE
- INCREASES ENERGY
- MAXIMIZES ENDURANCE

**WARNING:** Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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POST

ADVANCED POST WORKOUT SUPPLEMENT TO MAXIMIZE MUSCLE GROWTH & RECOVERY

30 SERVINGS

CHOCOLATE PEANUT BUTTER

NET WT. 2.5LB (1,120 g) DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One Scoop (35g/1.23oz)
Serving Per Container: 30

Table with 3 columns: Nutrient, Amount Per Serving, %DV\*\*. Rows include Calories, Total Fat, Saturated Fat, Total Carbohydrate, Dietary Fiber, Total Sugars, Protein, Iron, Phosphorus, Magnesium, Chloride, Sodium, Potassium, Pea Starch, Pea Protein Isolate, L-Glutamine, Oat Milk Powder, Pomegranate Fruit Powder, Bromelain, Coconut Water Powder, Papaya Fruit Powder, Pineapple Fruit Juice Powder, Spirulina Whole Herb Powder, Himalayan Pink Salt.

\* Percent Daily Value (DV) are based on 2,000 calorie diet.
\*\* %Daily Value (DV) not established.

OTHER INGREDIENTS: Cocoa Powder, Peanut Flour Powder, Sea Salt, Natural Flavor, Stevia RebaudiosideA Leaf Extract (Organic)

Contains: Peanuts and Tree Nuts (coconut)

Manufactured for: Swolverine, 4690 Longley Ln., STE 15, Reno, NV 89502

Sourced from a GMP certified facility. Formulated in USA.



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Carb10

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