

**INGREDIENTS:** MILK PROTEIN BLEND (CALCIUM CASEINATE, WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE), GLYCERIN, MALTITOL, POLYDEXTROSE, BOVINE COLLAGEN HYDROLYSATE, SOY PROTEIN ISOLATE, COCOA BUTTER, DRY WHOLE MILK, WATER, SUNFLOWER OIL, UNSWEETENED CHOCOLATE, NATURAL AND ARTIFICIAL FLAVORS, COCOA PROCESSED WITH ALKALI, TAPIOCA STARCH, SALT, SUNFLOWER LECITHIN, NONFAT DRY MILK, SUCRALOSE.

**CONTAINS: MILK, SOYBEANS.**

**MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUTS, SESAME, TREE NUTS AND EGGS.**

EXCESSIVE CONSUMPTION MAY CAUSE A LAXATIVE EFFECT (DUE TO MALTITOL).

*Barebells*

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BAREBELLS

**PROTEIN BAR**  
**COOKIES & CARAMEL**

*Barebells*

NATURALLY AND ARTIFICIALLY FLAVORED  
 20 *grams* OF PROTEIN • *no* ADDED SUGAR

NET WT. 1.94 oz (55 g)

SEE NUTRITION INFORMATION FOR SUGAR AND CALORIE CONTENT. NOT A LOW OR REDUCED CALORIE FOOD  
 °37% DV

**Nutrition Facts**

**Serving size:**  
**1 bar (55 g)**

**Calories**  
**210**  
 per serving

Amount/serving	% DV*
<b>Total Fat</b> 7g	<b>9%</b>
Sat. Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholest.</b> 15mg	<b>5%</b>
<b>Sodium</b> 150mg	<b>7%</b>

Amount/serving	% DV*
<b>Total Carb.</b> 21g	<b>8%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 1g	
Incl. 0g Added Sugars	<b>0%</b>
Sugar Alcohols 6g	
<b>Protein</b> 20g	<b>37%</b>

Vitamin D 0mcg 0% • Calcium 140mg 10%  
 Iron 1.0mg 6% • Potassium 150mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



MANUFACTURED FOR BAREBELLS FUNCTIONAL FOODS LLC, 3865 GRAND VIEW BOULEVARD, LOS ANGELES, CA 90066, UNITED STATES.