

# ABOUT HWMF

HWMF ISN'T JUST AN ACRONYM. IT'S A WAY OF LIFE. A HARD-WORKING MFER DESERVES A PRE-WORKOUT THAT CAN FIRE THEM UP FOR ANY AND EVERY TRAINING SESSION. THAT'S WHY WE CREATED HWMF, A HIGH-STIM PRE-WORKOUT LOADED WITH 400 MG OF CAFFEINE. HWMF ALSO CONTAINS 6 GRAMS OF L-CITRULLINE, 2.5 GRAMS OF BETAINE, 600 MG OF ALPHA-GPC, 100 MG OF COGNATIQ®, AND MORE!

FOR MORE INFORMATION VISIT:

**AXEANDSLEDGE.COM**



WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. CONSULT A LICENSED, QUALIFIED, HEALTH CARE PROFESSIONAL IF YOU ARE TAKING ANY OTHER DIETARY SUPPLEMENT, PRESCRIPTION DRUG, OR OVER-THE-COUNTER MEDICATIONS. DO NOT USE IF NURSING, PREGNANT OR TRYING TO BECOME PREGNANT, OR IF YOU ARE OR HAVE BEEN TREATED FOR, DIAGNOSED WITH OR HAVE FAMILY HISTORY OF ANY MEDICAL CONDITION. DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY. IMMEDIATELY DISCONTINUE USE AND CONTACT A MEDICAL DOCTOR IF YOU HAVE EXPERIENCED ANY ADVERSE REACTION TO THIS PRODUCT. DO NOT EXCEED RECOMMENDATIONS FOR SUGGESTED USE.

CALIFORNIA PROP 65 WARNING: CONSUMING THIS PRODUCT CAN EXPOSE YOU TO CHEMICALS INCLUDING LEAD AND MERCURY WHICH ARE KNOWN IN THE STATE OF CALIFORNIA TO CAUSE CANCER AND BIRTH DEFECTS, OR OTHER REPRODUCTIVE HARM. FOR MORE INFORMATION, GO TO [WWW.P65WARNINGS.CA.GOV/FOOD](http://WWW.P65WARNINGS.CA.GOV/FOOD)

STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. SOLD BY WEIGHT NOT VOLUME.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured specifically for Axe & Sledge Supplements  
365 Plum Industrial Court, Pittsburgh, PA 15239  
(888) 944-6612 | [AxeAndSledge.com](http://AxeAndSledge.com)



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**MANUFACTURED IN THE U.S.A**  
**IN A GMP COMPLIANT FACILITY**  
CONTAINS INGREDIENTS OF INTERNATIONAL  
AND DOMESTIC ORIGIN

# HIGH STIM PRE WORKOUT

*Alpha-Tra*



**AXE & SLEDGE**  
SUPPLEMENTS

# HWMF



Natural Flavors

**20/40 SERVINGS**

Net Weight 330g (11.64 oz) | Dietary Supplement

## SUGGESTED USE:

AS A DIETARY SUPPLEMENT, MIX 2 SCOOPS WITH 10-12 OUNCES OF COLD WATER. CONSUME 20-30 MINUTES PRIOR TO TRAINING. NEW USERS SHOULD START WITH 1 SCOOP TO ASSESS TOLERANCE.

## SUPPLEMENT FACTS

Serving Size: 1 Scoop (8.25g) / 2 Scoops (16.5g)  
Servings Per Container: 40 / 20

	1 scoop	%DV*	2 scoops	%DV*
Chloride (as sodium chloride)	112mg	5%	223mg	10%
Sodium (as sodium chloride)	75mg	3%	150mg	7%
Potassium (as potassium citrate)	100mg	2%	200mg	4%
L-Citrulline	3,000mg	**	6,000mg	**
Betaine Anhydrous	1,250mg	**	2,500mg	**
L-Taurine	1,000mg	**	2,000mg	**
Alpha-Glycerol Phosphoryl Choline 50%	300mg	**	600mg	**
Caffeine Anhydrous	162.5mg	**	325mg	**
Coffee Fruit Extract (Coffea arabica)(fruit)(CognatiQ®)	50mg	**	100mg	**
Caffeine (from ZumXR® XR Caffeine)	37.5mg	**	75mg	**
Citrus Aurantium Extract (30% Synephrine)(fruit)	37.5mg	**	75mg	**
Alpha Yohimbine Hydrochloride 90% (Rauwolfia vomitoria)(root)	1mg	**	2mg	**
Yohimbine Hydrochloride (Pausinystalia yohimbe)(bark)	0.5mg	**	1mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established

**Other Ingredients:** Citric Acid, Silicon Dioxide, Natural Flavors, Sucralose, Beta Carotene (for color)

ZumXR® is a registered trademark of Nano Pharmaceuticals Laboratories, LLC. Patents and Patents Pending  
CognatiQ® is a trademark of VDF FutureCeuticals, Inc. Pat. Fcpatent.com

Allergen Warning: Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.