

THE GRIND

FOR EVERYONE



WEIGHT TRAINING



HYBRID TRAINING



ENDURANCE TRAINING



ACTIVE LIFESTYLE



DEADLIFTS & GUMMY BEARS IS OUR FLAGSHIP FLAVOR. IT CAPTURES THE NOSTALGIC EXPERIENCE OF GRABBING A HANDFUL OF GUMMY BEARS AND EXPERIENCING THEIR DIFFERENT FRUITY, BRIGHT, SWEET, AND PLAYFUL FLAVOR PROFILES!

FOR MORE INFORMATION VISIT:

AXEANDSLEDGE.COM



MUSCLE GROWTH



MUSCLE REPAIR



HYDRATION

WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS 18 YEARS OF AGE OR OLDER. CONSULT A LICENSED, QUALIFIED HEALTHCARE PROFESSIONAL IF YOU ARE TAKING ANY OTHER DIETARY SUPPLEMENT, PRESCRIPTION DRUG, OR OVER-THE-COUNTER MEDICATIONS. DO NOT USE IF NURSING, PREGNANT, OR TRYING TO BECOME PREGNANT, OR IF YOU ARE OR HAVE BEEN TREATED FOR, DIAGNOSED WITH, OR HAVE FAMILY HISTORY OF ANY MEDICAL CONDITION. DISCONTINUE USE TWO WEEKS BEFORE SURGERY. IMMEDIATELY DISCONTINUE USE AND CONTACT A MEDICAL DOCTOR IF YOU HAVE EXPERIENCED ANY ADVERSE REACTION TO THIS PRODUCT. DO NOT EXCEED RECOMMENDATIONS FOR SUGGESTED USE.

CALIFORNIA PROP 65 WARNING: CONSUMING THIS PRODUCT CAN EXPOSE YOU TO CHEMICALS INCLUDING LEAD AND MERCURY WHICH ARE KNOWN IN THE STATE OF CALIFORNIA TO CAUSE CANCER AND BIRTH DEFECTS, OR OTHER REPRODUCTIVE HARM. FOR MORE INFORMATION, GO TO WWW.P65WARNINGS.CA.GOV/FOOD

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING MAY OCCUR.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Manufactured specifically for Axe & Sledge Supplements
365 Plum Industrial Court, Pittsburgh, PA 15239
(888) 944-6612 | www.axeandsledge.com



8 10164 58102 0

MANUFACTURED
IN THE U.S.A
IN A GMP COMPLIANT FACILITY
CONTAINS INGREDIENTS OF
INTERNATIONAL AND
DOMESTIC ORIGIN

*Delicious
and Refreshing*



THE GRIND

EAAS + BCAAS + HYDRATION



NATURAL & ARTIFICIAL FLAVORS
NET WEIGHT 405G (14.29OZ)
DIETARY SUPPLEMENT

30 SERVINGS

SUGGESTED USE

AS A DIETARY SUPPLEMENT, MIX 1 SCOOP WITH 10-12 OZ OF WATER. CONSUME DURING RESISTANCE TRAINING, CARDIO, OR THROUGHOUT THE DAY.



SUPPLEMENT FACTS

Serving Size: 1 Scoop (13.5g)
Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	5	
Total Carbohydrates	1 g	<1%
Dietary Fiber	0 g	0%
Total Sugars	0 g	**
Includes 0 g Added Sugars		0%
Sodium (as Sodium Citrate and Sea Salt)	150 mg	6%
Potassium (as Potassium Citrate)	100 mg	2%
BRANCH CHAIN AMINO ACIDS:	6,000 MG	**
L-Leucine	3,000 mg	**
L-Isoleucine	1,500 mg	**
L-Valine	1,500 mg	**
ESSENTIAL AMINO ACIDS:	3,000 MG	**
L-Lysine HCl	1,000 mg	**
L-Threonine	800 mg	**
L-Histidine	500 mg	**
L-Phenylalanine	500 mg	**
L-Tryptophan	100 mg	**
L-Methionine	100 mg	**
AstraGin® (Astragalus membranaceus & Panax notoginseng) extract (roots)	25 mg	**

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value not established

Other Ingredients: Citric Acid, Malic Acid, Natural & Artificial Flavors, Sucralose, Silicon Dioxide, Beet Root Powder (color)

Allergen Warning: Manufactured in a facility which processes Milk, Egg, Fish, Shellfish, Tree Nut, Peanut, Wheat, Soy, and Sesame.

AstraGin® is a registered trademark of Nuliv Science USA

