

## BENEFITS OF HWMF:



**POWER+  
STRENGTH!**



**EXPLOSIVE  
ENERGY!**



**INTENSE  
FOCUS!**



**ENHANCED  
PUMPS!**

### SUGGESTED USE:

MIX 2 SCOOPS WITH 10-12 OUNCES OF COLD WATER. CONSUME 20-30 MINUTES PRIOR TO TRAINING. NEW USERS SHOULD START WITH 1 SCOOP TO ASSESS TOLERANCE.



SCOOP



MIX



SHAKE



ENJOY

FOR MORE INFORMATION VISIT:

**AXEANDSLEDGE.COM**



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**WARNING:** THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS 18 YEARS OF AGE OR OLDER. CONSULT A LICENSED, QUALIFIED, HEALTH CARE PROFESSIONAL IF YOU ARE TAKING ANY OTHER DIETARY SUPPLEMENT, PRESCRIPTION DRUG, OR OVER-THE-COUNTER MEDICATION. DO NOT USE IF NURSING, PREGNANT OR TRYING TO BECOME PREGNANT, OR IF YOU ARE OR HAVE BEEN TREATED FOR, DIAGNOSED WITH OR HAVE FAMILY HISTORY OF ANY MEDICAL CONDITION. DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY. IMMEDIATELY DISCONTINUE USE AND CONTACT A MEDICAL DOCTOR IF YOU HAVE EXPERIENCED ANY ADVERSE REACTION TO THIS PRODUCT. DO NOT EXCEED RECOMMENDATIONS FOR SUGGESTED USE.



**MANUFACTURED  
IN THE U.S.A.**

**IN A GMP COMPLIANT FACILITY  
CONTAINS INGREDIENTS OF  
INTERNATIONAL AND  
DOMESTIC ORIGIN**

**CALIFORNIA PROP 65 WARNING:** CONSUMING THIS PRODUCT CAN EXPOSE YOU TO CHEMICALS INCLUDING LEAD AND MERCURY WHICH ARE KNOWN IN THE STATE OF CALIFORNIA TO CAUSE CANCER AND BIRTH DEFECTS, OR OTHER REPRODUCTIVE HARM. FOR MORE INFORMATION, GO TO [WWW.P65WARNINGS.CA.GOV/FOOD](http://WWW.P65WARNINGS.CA.GOV/FOOD)

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

US-Rev1

# HIGH STIM PRE WORK OUT

*Add it To*



## AXE & SLEDGE SUPPLEMENTS

# HWMF

## THUNDER POP

**PRE-WORKOUT**  
NATURAL & ARTIFICIAL FLAVORS

**20/40 SERVINGS**  
DIETARY SUPPLEMENT | NET WEIGHT 320G (11.29 OZ)

## SUPPLEMENT FACTS

Serving Size: 1 Scoop (8g) / 2 Scoops (16g)  
Servings Per Container: 40 / 20

	1 scoop	%DV*	2 scoops	%DV*
Sodium (as sea salt)	75mg	3%	150mg	7%
Potassium (as potassium citrate)	100mg	2%	200mg	4%
L-Citrulline	3,000mg	**	6,000mg	**
Betaine Anhydrous	1,250mg	**	2,500mg	**
L-Taurine	1,000mg	**	2,000mg	**
Alpha GPC 50% (L-Alpha Glycerylphosphorylcholine)	300mg	**	600mg	**
Caffeine Anhydrous	162.5mg	**	325mg	**
CognatiQ® (Coffea arabica) (fruit)	50mg	**	100mg	**
Caffeine (from zümXR® Caffeine)	37.5mg	**	75mg	**
Citrus Aurantium Extract (Citrus aurantium L.) (Fruit) (std. 30% Synephrine)	37.5mg	**	75mg	**
Alpha Yohimbine HCl (Rauwolfia vomitoria) (Root) (std. 90% a-Yohimbine HCl)	1mg	**	2mg	**
Yohimbine HCl (Yohimbe pausinstalia) (Bark)	0.5mg	**	1mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established

**Other Ingredients:** Citric Acid, Natural & Artificial Flavors, Malic Acid, Silicon Dioxide, Sucralose, Blue Spirulina (color).

**Directions:** As a dietary supplement, mix 2 scoops with 10-12 ounces of cold water. Consume 20-30 minutes prior to training. New users should start with 1 scoop to assess tolerance.

**Allergen Warning:** Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.



Manufactured Specifically for Axe & Sledge Supplements  
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STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. SOLD BY WEIGHT NOT VOLUME.

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Patents Pending. CognatiQ® is a trademark of VDF FutureCeuticals, Inc. Pat. Pending.