

RECOMMENDED USE:

TAKE 1 SERVING PER HOUR OF ACTIVITY OR BASED ON SEVERITY OF SWEAT LOSS.



1000MG SODIUM FOR PEAK PERFORMANCE

Sodium from sodium citrate and sea salt helps maintain fluid balance, fight cramps, and support optimal endurance.*



ESSENTIAL ELECTROLYTE BLEND

Magnesium, potassium, and calcium support muscle contraction, nerve function, recovery and hydration throughout your session.*



SUGAR FOR RAPID ABSORPTION

A touch of sugar improves electrolyte transport and water uptake, fueling faster hydration when it matters most.*

FOR MORE INFORMATION VISIT:

AXEANDSLEDGE.COM



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WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. CONSULT A LICENSED, QUALIFIED, HEALTH CARE PROFESSIONAL IF YOU ARE TAKING ANY OTHER DIETARY SUPPLEMENT, PRESCRIPTION DRUG, OR OVER-THE-COUNTER MEDICATION. DO NOT USE IF NURSING, PREGNANT OR TRYING TO BECOME PREGNANT, OR IF YOU ARE OR HAVE BEEN TREATED FOR, DIAGNOSED WITH OR HAVE FAMILY HISTORY OF ANY MEDICAL CONDITION. DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY. IMMEDIATELY DISCONTINUE USE AND CONTACT A MEDICAL DOCTOR IF YOU HAVE EXPERIENCED ANY ADVERSE REACTION TO THIS PRODUCT. DO NOT EXCEED RECOMMENDATIONS FOR SUGGESTED USE.



California Prop 65 Warning: Consuming this product can expose you to chemicals including lead and mercury which are known in the state of California to cause cancer and birth defects, or other reproductive harm. For more information, go to www.P65Warnings.ca.gov/food

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



OPTIMIZED ELECTROLYTE FORMULA

HYDRATE

HYDRATION' | PERFORMANCE' | RECOVERY'

WATERMELON LEMONADE
NATURALLY FLAVORED

ELECTROLYTE DRINK MIX
NET WT 270g (9.52oz)

30
SERVINGS



THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME.

SUPPLEMENT FACTS

Serving Size: 1 Scoop (9g)
Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	20	
Total Carbohydrate	4 g	1%
Total Sugars	3 g	**
Includes 3 g Added Sugars		6%
Calcium	30 mg	2%
Magnesium	25 mg	6%
Sodium	1000 mg	43%
Potassium	150 mg	3%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Dextrose, Sodium Citrate, Sea Salt, Natural Flavors, Potassium Citrate, Citric Acid, Magnesium Bisglycinate Chelate, Calcium Bisglycinate, Reb M (Stevia).

Directions: Mix 1 scoop with 14-16 oz of water. Vary the amount of liquid to taste.

Allergen Warning: Produced in a facility that also processes soy, fish, shellfish, milk, peanuts, tree nuts, wheat, eggs, and sesame.



Manufactured Specifically for:
Axe & Sledge Supplements
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STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. SOME SETTING MAY OCCUR.



VEGAN FRIENDLY



GLUTEN FREE



SOY FREE



NON GMO



US-Rev2