

### Occasional Constipation Support\*

Constipation is among the most frequently encountered digestive complaints and is particularly common amongst children. **KonstiKid™** is a laxative-free formulation designed to support healthy bowel function, ease elimination, and promote digestive wellbeing in children. Our unique formula features a blend of soluble prebiotic fibers along with soothing botanicals to ease digestive function. Also included is Magnesium, which is a mineral that both relaxes and hydrates the bowel.\*

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

**KEEP OUT OF REACH OF CHILDREN.** Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

KOSHER  
PAREVE



UNDER THE STRICT  
SUPERVISION OF  
RABBI SHAI STERN &  
THE ORTHODOX  
UNION



Non-GMO  
GLUTEN FREE  
DAIRY FREE  
SOY FREE



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STORE TIGHTLY CLOSED  
IN A COOL, DRY PLACE.



CHILDREN'S  
HEALTH



# KonstiKid™

## Occasional Constipation Support\*

Gentle & Safe Support for Children\*

with  
**Kakadu  
Plum**



**HERBAL**

Dietary Supplement

8 FL. OZ (236.6 mL)

Apple Maple Syrup Flavored

Feel Better,  
Everyday™

### Directions:

Children ages 6 months and older take 1 tablespoon daily. Children ages 3+ may take 1 serving twice daily. This formula is safe for daily use.

### Other Ingredients:

Purified Water, Vegetable Glycerin, Apple Juice Concentrate, Citric Acid, Maple Syrup, Potassium Sorbate (as Preservative), Monk Fruit.

### Supplement Facts

Serving Size: 1 Tbsp (15 mL)  
Servings Per Container: About 16

Amount Per Serving	% DV*
Calories	25
Total Carbohydrates	6 g 2%
Dietary Fiber	3 g 11%
Soluble Fiber	3 g
Insoluble Fiber	0 g
Total Sugars	1 g **
Includes 1 g Added Sugars	2%
Magnesium (as Magnesium Citrate)	40 mg 10%
Purified Water, SunFiber® (as Partially Hydrolyzed Guar Gum (PHGG))	1,500 mg **
Apple Juice, Fibersol® (as Soluble Corn Fiber)	1,000 mg **
Fennel (Foeniculum vulgare) Seed Extract	50 mg **
Slippery Elm (Ulmus rubra) Bark Extract	50 mg **
Oral-KP™ (Kakadu Plum Powder)	50 mg **

\* Percent daily values are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

Distributed By:  
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