

Healthy Mother • Healthy Child

PRENATAL + DHA 300™

advanced nutrition by **ZAHLER**

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving		%DV*
for pregnant and lactating women		
Calories	10	
Total Fat	0.5g	<1%
Vitamin A (50% as Beta-Carotene, 50% as Retinyl Palmitate)	650 mcg RAE	50%
Vitamin C (as Calcium Ascorbate)	60 mg	50%
Vitamin D3 (as Cholecalciferol) (2000 IU)	50 mcg	333%
Vitamin E (as d-Alpha Tocopherol)	19 mg	100%
Vitamin K1 (as Phytonadione)	30 mcg	33%
Vitamin K2 (as Menaquinone-7)	60 mcg	**
Thiamine (B1) (from Benfotiamine)	1.4 mg	100%
Riboflavin (B2) (from Riboflavin 5-Phosphate, Sodium)	1.6 mg	100%
Niacin (B3) (as Niacinamide)	18 mg	100%
Vitamin B6 (from Pyridoxal 5-Phosphate)	4 mg	200%
Folate (L-5-Methyltetrahydrofolate Calcium) (from Biofolate®)	1000 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	100 mcg	3571%
Biotin	35 mcg	100%
Pantothenic Acid (from Calcium d-Pantothenate)	7 mg	100%
Calcium (from Calcareous Marine Algae Lithothamnion) (Aquamin®)	100 mg	8%
Iron (as Ferrous Bis-glycinate Chelate) (Ferrochel®)	27 mg	100%
Iodine (from Potassium Iodide)	290 mcg	100%
Magnesium (from Magnesium Citrate, Magnesium Oxide)	40 mg	10%
Zinc (from Zinc Glycinate Chelate)	13 mg	100%
Selenium (from L-Selenomethionine)	35 mcg	50%
Copper (from Copper Glycinate Chelate)	0.65 mg	50%
Manganese (from Manganese Glycinate)	1.3 mg	50%
Chromium (from Chromium Picolinate)	180 mcg	400%
Molybdenum (from Molybdenum Glycinate)	25 mcg	50%
Docosahexaenoic Acid (DHA) (as Triglyceride [TG] from Algal Oil)	300 mg	**
Choline (from Choline Bitartrate)	55 mg	**
Lutein [from Marigold (<i>Tagetes erecta</i>) flower] (FloraGlo®)	3 mg	**

*Percent Daily Values (DV) are based on a 2000 calorie diet for pregnant and lactating women.
**Daily Value not established.

Other Ingredients: Kosher Gelatin, Vegetable Glycerin, Purified Water, Sunflower Lecithin, Carob, Medium Chain Triglycerides, Yellow Beeswax.

Distributed by: Advanced Nutrition by Zahler®
Brooklyn, NY 11230 | www.zahlers.com

Prenatal+DHA 300™ is a trademark of Advanced Nutrition by Zahler®.
Ferrochel® is a registered trademark of Albion Laboratories, Inc.



UNDER THE STRICT SUPERVISION OF RABBI SH. STERN & THE ORTHODOX UNION

Directions:

Take 2 softgels daily, preferably 1 softgel twice a day with food, or as directed by a healthcare practitioner.

Store in a cool, dry place, away from direct sunlight.

KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

LOT:
EXP:

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Because this product contains Vitamin K2, discontinue use 2 weeks prior to surgery.



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CONVENIENT PACKS
1
MONTH SUPPLY

POINTEXIBI2

PRENATAL + DHA 300™

Optimal Formula

Provides 26 Vitamins & Nutrients + 300mg DHA

BIOACTIVE NUTRIENTS
OPTIMUM
OPTIMAL RATIOS

Feel Better,
Everyday™

Zahler® Prenatal+DHA 300™ is a balanced and synergistic formula that provides a curated compilation of nutrients that your developing baby requires in the optimal ratios for absorption, metabolism and safety.*

Let's Connect!

Zahlernutrition
 Zahlernutrition

Premium Nutrition
for Mother & Child

Dietary
Supplement
60 Softgels



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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