

Chapter Six: Gummies for GrownUps™

An advanced chapter in a lifelong commitment to good nutrition.

Directions: Take two gummies daily with food or as directed by a healthcare practitioner. Gummy should be chewed before swallowing.

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KOSHER
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UNDER THE STRICT
SUPERVISION
OF RABBI SH
STERN AND THE
ORTHODOX
UNION



Chapter Six™

by Zahler®

Prenatal

Multivitamin with
Folic Acid, Vitamin D
and more

Grape Flavored
Gummies



60 Gummies
Dietary Supplement

Supplement Facts

Serving Size: 2 Gummies
Servings Per Container: 30

Amount Per Serving	% Daily Value for Pregnant and Lactating Women*	
Calories	20	
Total Carbohydrate	4 g	1%
Total Sugars	4 g	**
Includes 4 g Added Sugars		8%
Vitamin A (as Retinyl Palmitate)	650 mcg	50%
Vitamin C (as Ascorbic Acid)	50 mg	42%
Vitamin D3 (as Cholecalciferol)	20 mcg	133%
Vitamin E (as dl-alpha Tocopheryl Acetate)	19 mg	100%
Niacin (as Niacinamide)	18 mg	100%
Vitamin B6 (as Pyridoxine HCl)	2 mg	100%
Folate (as 360 mcg Folic Acid)	612 mcg DFE	102%
Vitamin B12 (as Cyanocobalamin)	2.8 mcg	100%
Biotin	35 mcg	100%
Iodine (as Potassium Iodide)	220 mcg	76%
Zinc (as Zinc Citrate)	3.8 mg	29%
Sodium	10 mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients:

Glucose Syrup,
Sugar, Water,
Pectin, Natural
Flavor, Sodium
Citrate, Color
(Black Carrot
Concentrate),
Citric Acid,
Carnauba Wax.

Distributed by:
Advanced Nutrition
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Milford, NJ 07646
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