

B-Complex
Quatrefolic®
Methylcobalamin

2-Month Supply

Non-GMO
Soy-Free
Dairy-Free
Gluten-Free

cGMP Certified Manufacturing



FEEL DIFFERENT.

METHYLFOLATE B COMPLEX+

5-MTHF - BETAINE - RIBOFLAVIN
B2, B6, B9, B12

BIOAVAILABLE*

120 CAPSULES
DIETARY SUPPLEMENT

CODEAGE

Suggested use: Adults take 2 capsules daily, or as recommended by your healthcare practitioner, with 8 ounces of water or your favorite beverage. May be taken with or without food.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Riboflavin (as Riboflavin-5-Phosphate)	30 mg	2308%
Vitamin B6 (as Pyridoxal-5-Phosphate)	15 mg	882%
Folate (as Quatrefolic® [6S]-5-Methyltetrahydrofolate, Glucosamine Salt)	1360 mcg DFE	340%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41667%**
Betaine (as Trimethylglycine)	600 mg	

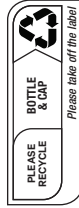
**Daily Value (DV) not established

Other Ingredients: Methylcellulose Capsule.

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CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Discontinue use two weeks prior to surgery. Please use caution if you have allergies or sensitivities to any of the listed ingredients.

SCAN FOR INFO



QUESTIONS? CODEAGE.COM

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quatrefolic® is a registered trademark of Gnosis S.p.A.
Store in a cool, dry place. Do not use if product
has been opened or tampered with in any way.

Keep out of reach of children and pets.

