

the prenatal that hydrates!*

CAFFEINE FREE • SUGAR FREE • ALLERGEN FREE • GLUTEN FREE • SOY & DAIRY FREE • VEGETARIAN, KETO & PALEO FRIENDLY

Rootd™ prenatal multi DEVELOPMENT* + HYDRATION* + ENERGY*

Root'd is a sparkling vitamin mix. Mix Root'd your way in water, or have fun with your pregnancy and use your Root'd as a cocktail mixer with other flavored waters, ginger ales, lemonades, or even smoothies!

Congratulations Mama!

This trimester's lookin' good on you! Now let's get you & your gorgeous baby the nutrients + electrolytes you two need to develop healthily!

While traditional prenatal "multi's" give you only a select few nutrients, and hydration powders deliver far too much sugar, Root'd UPGRADES your pregnancy by infusing essential nutrients, probiotics, organic superfoods, PLUS hydrating electrolytes into one ahhh-mazing sugar-free drink mix.



NEURAL TUBE SUPPORT*
Folate



BLOOD SUPPORT*
Gentle Iron



ENERGY PRODUCTION*
B-Complex



DIGESTIVE SUPPORT*
Probiotics



HYDRATION SUPPORT*
Electrolytes



IMMUNE SUPPORT*
Zinc + C + D

Root'd to our promises



3rd PARTY TESTED



NO PILL CHOKING



NO SUGAR ADDED



1% TO OCEAN †



1% TO LAND †



NO SYNTHETICS



CAREFULLY SOURCED



MIXES EASY

* 2% of our profit from your purchase goes to causes for the ocean and the land. Visit Rootd.com to learn more.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

DIRECTIONS:

Mix Root'd into 4 to 8 oz of your favorite **COLD** liquid (water, juice, sparkling, smoothies, mocktails, etc!)

For best mixing add Root'd, then liquid on top. Give Root'd 15 secs & allow her to fizz. Your Root'd will mix for you!

Supplement Facts

Serving Size 1 Packet (7g)
Servings Per Container 15

	Amount Per Serving	%DV†
Calories	15	
Total Carbohydrate	<4g	<1%*
Total Sugars	0g	†
Includes 0g Added Sugars		0%*
Vitamin A (as Retinol Palmitate and Beta Carotene)	1300mcg	100%
Vitamin C (as Ascorbic Acid)	120mg	100%
Vitamin D (as Cholecalciferol)	35mcg	233%
Vitamin E (as α -Tocopheryl Succinate)	19mg	100%
Thiamin (Vitamin B1)	1.4mg	100%
Riboflavin (Vitamin B2)	1.6mg	100%
Niacin (as Niacinamide)	18mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	2mg	100%
Folate (as L-5-Methyltetrahydrofolate Calcium)	600mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	15mcg	536%
Biotin	35mcg	100%
Pantothenic Acid (as Calcium Pantothenate)	7mg	100%
Choline (as Choline Bitartrate)	45mg	8%
Calcium (as Calcium Lactate)	78mg	6%
Iron (as Ferrous Bisglycinate Chelate)	9mg	33%
Iodine (as Potassium Iodide)	290mcg	100%
Magnesium (as Magnesium Citrate)	50mg	13%
Zinc (as Zinc Citrate)	2.5mg	19%
Selenium (as Selenium Glycinate)	70mcg	100%
Copper (as Copper Amino Acid Chelate)	0.3mg	23%
Manganese (as Manganese Citrate)	0.5mg	19%
Chromium (as Chromium Nicotinate Glycinate Chelate)	45mcg	100%
Molybdenum (as Molybdenum Amino Acid Chelate)	50mcg	100%
Sodium (as Sodium Bicarbonate)	271mg	13%
Potassium (as Potassium Bicarbonate)	138mg	2%
Root'd™ Organic Superfood and Root Blend Organic Beet Root, Organic Chlorella, Organic Kale (leaf), Organic Broccoli (stem), Organic Gluten Free Barley Grass, Organic Gluten Free Oat Grass.	305mg	†
Root'd™ Probiotic and Digestion Blend Bacillus coagulans MTCC 5356 (60 million CFU)	4mg	†
Lutein (from Marigold)	700mcg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Erythritol (natural sweetener), Citric Acid, Natural Flavors, Xanthan Gum, Silica, Monk Fruit Extract.

Contains: Iron. KEEP OUT OF REACH OF CHILDREN.



POUR STIR LOVE

How much water?
Up to you!



4oz Flavor & Fizz Strength Scale 8oz



Our Story

I love running & nutrition, but battling injury after injury led my wife & me to rethink what we put into our bodies. When we learned that our daily gummy multivitamins & hydration powders were each loaded with over 70% sugar (!!) by weight, we dove into a two-year obsession with nutritionists to discover something better.

When combining the two into ONE and then infusing a proprietary blend of organic superfoods, enzymes & digestive probiotics, our body's natural flow absorbs the nutrients as one to give a natural, hydrating BOOST to our day, all without the need for sugar.

"We're Root'd to clean researched health, and we're humbled to have Root'd be a part of your health journey!"

Evelyn & Adams
FOUNDERS

Formulated and distributed with Love by:

Rootd™ Manhattan Beach, CA 90266
www.rootd.com

Made in the U.S.A. with domestic and imported ingredients

