

Supplement Facts

Serving Size: One packet (Approximately 28.9g)

Servings Per Container: 10 Servings / 289g

	Amount Per Serving	%Daily Value*
Calories	110	
Protein	21g	42%
Fat	2g	3%
Carbohydrates	3g	1%
Dietary Fiber	1g	4%
Sodium (from Real Salt® Sea Salt)	225mg	10%

Protein Blend	26g	†
AdvantaPea** Resolve 85 Pea Protein, AdvantaRice™ Flex Brown Rice Protein, Water Lentil Protein		

Optimization Blend	625mg	†
L-Arginine, L-Citrulline, Pomegranate Fruit Powder		

* Percent Daily Values are based on a 2000 Calorie Diet

† Daily Value (DV) Not Established

Other Ingredients: Natural Flavors, Organic Stevia Leaf Extract

Typical Amino Acid Profile

Amount Per Serving

Alanine	867mg
Arginine	2,468mg
Aspartate	2,192mg
Cysteine	413mg
Glutamate	3,209mg
Glycine	784mg
Histidine**	482mg
Isoleucine**	943mg
Leucine**	1,723mg
Lysine**	1,342mg
Methionine**	315mg
Phenylalanine**	1,099mg
Proline	886mg
Serine	988mg
Threonine**	773mg
Tryptophan**	195mg
Tyrosine	937mg
Valine**	1,022mg

** Essential amino acids