

www.6AMRun.com

**DIRECTIONS:** Stir 1 rounded scoop with 6-8 ounces of cold water and consume 30-45 minutes before beginning activity. **DO NOT EXCEED 2 SCOOPS IN ANY 24 HOUR PERIOD.**

**WARNING:** Do not use if under age 18. Do not use if you are pregnant or nursing. Consult a medical doctor before use if you have any medical condition or family history of any disease, including (but not limited to) hypotension, hypertension, heart, liver, or thyroid disease, diabetes, psychiatric disease, asthma, pernicious anemia, anxiety, depression, seizure disorder, cardiac arrhythmia, stroke, prostate enlargement, or if you are taking any prescription drug.

**KEEP OUT OF REACH OF CHILDREN.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# 6AM RUN SPRINT

ULTIMATE IMMEDIATE BOOST FOR CARDIO & CONDITIONING! CARDIO FOCUSED PRE-WORKOUT FORMULA

**LEMONADE**

NET WT. 217.5 G (7.67 OZ) | DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 7.25g (1 rounded scoop)

Servings Per Container: 30

Amount Per Serving	% Daily Value <sup>‡</sup>
Calories	5
Total Carbohydrate	1 g < 1%
Niacin (as Niacin)	35 mg 175%
Vitamin B6 (as Pyridoxine HCl)	2 mg 100%
Folate (as Folic Acid)	80 mcg 20%
Vitamin B12 (as Methylcobalamin)	6 mcg 100%
L-Citrulline-Malate	2000 mg **
Creatine Monohydrate	2000 mg **
Focus Matrix [N-Acetyl L-Tyrosine, Choline Bitartrate, DMAE Bitartrate, L-Theanine, Bacopa Monnieri (leaf)]	800 mg **
Caffeine	200 mg **
BioPerine® (Black Pepper Extract)	2 mg **

<sup>‡</sup>Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other Ingredients:** Natural & Artificial Flavors, Citric Acid, Silicon Dioxide, Sucralose, Malic Acid, Calcium Silicate, Vegetable Juice Powder, Acesulfame Potassium.



Manufactured For: 6AM RUN  
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