6AM Run Track Fuel is a clean runners protein, without cheap fillers such as maltodextrin or fructose. Our ingredients include Whey, Sweetener, Flavoring, Digestive Enzymes for absorption and a small amount of BCAAs for protein synthesis.

High quality ingredients mean you get more protein in every scoop and more servings in each container. Our whey contains an incredible 75% protein, while many other brands contain less than 70%, adding extra carbs and fats.

Digestive Enzymes Papain and Protease were added for optimal protein absorption. Whey Isolate and BCAAs aid in protein synthesis.

- 24g Protein per Serving
- Added Whey Isolate for Protein Synthesis
- Digestive Enzymes for Absorption
- Cold-Processed Whey Protein
- Ultra-Filtered Whey
- Natural BCAAs for Fast Recovery
- Mixes Easily

Suggested Use: Mix one rounded scoop with 4-6oz of water, milk, or your favorite beverage. Vary the amount of liquid for taste preference.

Approximate Amino Acids per Serving (Naturally Occurring)

| | | | |
|---|---|---|---|
| Alanine | 1208 mg | Arginine | 665 mg |
| Aspartic Acid | 2515 mg | Cystine | 566 mg |
| Glutamic Acid | 4015 mg | Glycine | 437 mg |
| Histidine | 422 mg | Isoleucine* | 1429 mg |
| Leucine* | 2450 mg | Lysine | 2389 mg |
| Methionine | 528 mg | Phenylalanine | 756 mg |
| Proline | 1416 mg | Serine | 1231 mg |
| Threonine | 1618 mg | Tryptophan | 416 mg |
| Tyrosine | 727 mg | Valine* | 1268 mg |
| Total BCAAs | 5147 mg | | |

Warning: If you have any health conditions, are pregnant, breastfeeding, or taking medication, ask a physician prior to use. Keep out of reach of small children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

6AM RUN

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WHEY PROTEIN

# TRACK FUEL

ULTRA FILTERED / FAST ABSORPTION / BCAA ENRICHED

**24G** WHEY PROTEIN **4G** CARBS **3G** SUGAR

NET WEIGHT 907G (2LB) / DIETARY SUPPLEMENT

COOKIES & CREAM ICE CREAM

## Supplement Facts

Serving Size 32g (1 Rounded Scoop)
Servings Per Container 28

| Amount Per Serving | | % Daily Value** |
|---|---|---|
| Calories | 130 | |
| Calories from Saturated Fat | 10 | |
| Total Fat | 2.5 g | 3%* |
| Saturated Fat | 1.5 g | 6%* |
| Cholesterol | 60 mg | 20% |
| Total Carbohydrate | 4 g | 1%* |
| Total Sugars | 3 g | ‡ |
| Includes 0g Added Sugars | | 0% |
| Protein | 24 g | |
| Calcium | 120 mg | 9% |
| Sodium | 55 mg | 2% |
| Potassium | 206 mg | 4% |

**Percent Daily Values are based on a 2,000 calorie diet.
‡Daily Value not established.

Other Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Cookie Pieces (Unbleached Enriched Flour (Wheat Flour, Niacin,Reduced Iron, Thiamine Mononitrate {Vitamin B1} Riboflavin {Vitamin B2} Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosohate), Cornstarch, Salt, Soy Lecithin, Vanillin-and Artificial Flavor, Chocolate, Natural and Artificial Flavors, Sucralose, BCAA Blend (Leucine, Isoleucine, Valine), Digestive Enzyme Blend (Papain, Protease).
Contains: Milk, Soy, Wheat

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