

**DIRECTIONS:** Don't be the fool who overdoses on pre-workout! You NEVER need to take more than two scoops. For beginners, mix 1 scoop with 6-8 ounces of water. For advanced athletes, mix 2 scoops with 8-10 ounces of water. Consume 15-30 minutes before lifting things up and putting them down repeatedly.

**IF YOU AREN'T TAKING  
SUPERHUMAN PRE  
YOU ARE SLOWING DOWN  
YOUR AESTHETIC GAINS!†**

**WARNING:** Not for use by individuals under the age of 18 years. Do not use if you are pregnant or nursing. Do not exceed recommended serving. Each 1 scoop contains 187.5 mg of caffeine. Exceeding recommended serving may cause serious adverse health effects. Discontinue use or call a physician or licensed qualified health care professional immediately if you experience any adverse symptoms. KEEP OUT OF REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Made in the USA with domestic and imported ingredients.

[www.alphalion.com](http://www.alphalion.com)

MANUFACTURED EXCLUSIVELY FOR

**ALPHA LION**

BE SUPERHUMAN

17011 Lincoln Ave. #619 Parker, CO 80134



**ALPHA LION**  
BE SUPERHUMAN

**SUPERHUMAN**  
**PRE**  
**HUMAN**

ORIGINAL PERFORMANCE PRE-WORKOUT†

**UNICORN JUICE**

RAINBOW SHERBET  
NATURAL AND ARTIFICIAL FLAVORS

NET WT.  
13.42 OZ  
(380.52 G)

★ DIETARY SUPPLEMENT ★

**42**  
DELICIOUS  
SERVINGS

# Supplement Facts

Servings Size: 1 Scoop (9.06 g) / 2 Scoops (18.12g)  
Servings Per Container: 42 (1 Scoop) / 21 (2 Scoops)

Amount Per Serving	1 Scoop	%DV	2 Scoops	%DV
Niacin	12.5mg NE	78%*	25mg NE	156%*
Vitamin B12 (as Methylcobalamin)	250mcg	10417%*	500mcg	20834%*
Sodium	50mg	2%*	100mg	4%*
<b>SUPERHUMAN ENERGY &amp; FOCUS MATRIX</b>				
Caffeine Anhydrous	150mg	**	300mg	**
Infinergy™ DiCaffeine Malate (75% Caffeine)	50mg	**	100mg	**
Theobromine	50mg	**	100mg	**
<b>SUPERHUMAN PUMP &amp; PERFORMANCE MATRIX</b>				
L-Citrulline Malate (2:1)	3500mg	**	7000mg	**
L-Taurine	500mg	**	1000mg	**
Nitrosigine™ (Inositol Arginine Silicate)	375mg	**	750mg	**
S7™ (Green Coffee Bean Extract, Green Tea Extract, Turmeric Extract, Tart Cherry, Blueberry, Broccoli, Kale)	50mg	**	100mg	**
<b>SUPERHUMAN STRENGTH MATRIX</b>				
Beta Alanine	1600mg	**	3200mg	**
Betaine Anhydrous	1250mg	**	2500mg	**
<b>SUPERHUMAN ANTI-CRASH MATRIX</b>				
L-Theanine	175mg	**	350mg	**
<b>SUPERHUMAN ABSORPTION MATRIX</b>				
AstraGin® (Astragalus membranaceus (root) Panax notoginseng (root))	12.5mg	**	25mg	**
BioPerine® Black Pepper (Piper Nigrum) Extract	5mg	**	10mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Percent Value not established.

Other Ingredients: Natural and Artificial Flavors, Silicon Dioxide, Calcium Silicate, Sucralose, Acesulfame Potassium, FD&C Red 40.

**SHOW US YOUR SUPERHUMAN GAINS! @ALPHA.LION**

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**Nitrosigine™**

**infinergy™**  
Di-Caffeine Malate

**AstraGin®**

**BIOPERINE®**