

 **INCREASES STRENGTH[†]**  **IMPROVES POWER[†]**

 **ACCELERATES RECOVERY[†]**  **BUILDS MUSCLE[†]**

WHY CREATINE

Do you like muscles? You want more of them? Unlike the majority of bro science mumbo jumbo that plagues our world, creatine is the #1 science-supported ingredient in the world.[†]

If muscle growth is important to you, creatine is essential. It's that simple. In every scoop of Alpha Lion Creatine, you're loading up on the science-recommended dose of 5 grams of creatine monohydrate to help you build and carve muscle you didn't know existed.[†]



CREATINE



C R E A T I N E M O N O H Y D R A T E



60 SERVINGS

UNFLAVORED
NET WT. 10.58 OZ (300 G)  **DIETARY SUPPLEMENT**

SUGGESTED USE: It is recommended that you take 1 scoop (5g) daily with water, juice or your favorite supplement. Advanced users may take up to 2 scoops (10g) daily.

REGULAR  **5g** (PER DAY) **ADVANCED**  **10g** (PER DAY)

FOR MAXIMUM RESULTS: Take Creatine as outlined above and stack with Superhuman Pre-Workout, Superhuman Intra, and Superhuman Protein (ideally taken before, during, and after workouts, respectively).[†]

NOTE: It is recommended to use the entire bottle consecutively and run an 8-week cycle.[†]

ALLERGEN STATEMENT: This product is manufactured in a facility that also processes other products which may contain milk, eggs, fish, shellfish, tree nuts, peanuts, soy, wheat, and sesame.

 **RESEARCH SUPPORTED** FORMULATED USING THE LATEST SCIENCE[†] **100%** TRANSPARENT LABELING

Supplement Facts

Serving Size: 1 Scoop (5g) Servings Per Container: 60

	Amount Per Serving	%DV*
Creatine Monohydrate	5000 mg	**

* Percent Daily Values (DV) are based on a 2000 calorie diet

** Daily Value (DV) not established

 **vitamin angels**[®]  Made in the USA with domestic and imported ingredients.
PROUD SUPPORTER

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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MANUFACTURED EXCLUSIVELY FOR
ALPHA LION
BE SUPERHUMAN

