

**Lifeable®**

Don't sacrifice great taste for great health. Lifeable gummy vitamins and supplements are bursting with nutrients and fruit flavors so you will actually enjoy taking them. Lifeable - Health gone tasty!

**SUGGESTED USE:** As a dietary supplement, take one (1) gummy per day. Chew thoroughly before swallowing.

Do not exceed suggested serving size. If you have a medical condition, are taking medication, or are pregnant or nursing, ask a doctor before using.

Not for children under 2 years of age due to risk of choking.

Do not use this product if safety seal under cap is torn or missing.

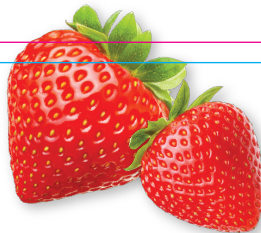
**KEEP OUT OF REACH OF CHILDREN**  
Store at room temperature.  
Avoid excessive heat.

Dist. by Lifeable,  
Brooklyn, N.Y. 11204  
1-855-889-6757  
[www.lifeable.com](http://www.lifeable.com)

Product of Israel  
Packaged in the USA

8  
10102 73065  
7  
REV9131-0123R

WMMGBCA6QR



**Lifeable®**

**B**

**COMPLEX  
+ VITAMIN C  
GUMMIES**

**DIETARY SUPPLEMENT**  
**CELLULAR ENERGY\***  
60 count 



VEGAN



GLUTEN FREE



NUT FREE

STRAWBERRY  
FLAVOR

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving Size: 1 Gummy      Servings Per Bottle: 60

Amount per serving	% Daily Value*
<b>Calories 10</b>	
Total Carbohydrates 2 g	<1%
Total Sugars 1 g	**
Includes 1 g added sugars	2%
Niacin (as niacinamide) 20 mg	125%
Vitamin C (ascorbic acid) 15 mg	17%
Pantothenic acid (as calcium pantothenate) 5 mg	100%
Vitamin B-6 (as pyridoxine HCl) 2 mg	118%
Folate 680 mcg DFE (400 mcg folic acid)	170%
Biotin 75 mcg	250%
Vitamin B-12 (as cyanocobalamin) 30 mcg	1250%
Inositol (as inositol niacinat) 7 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**Other Ingredients:** Glucose syrup, sugar, water, pectin, black carrot concentrate (color), citric acid, trisodium citrate, natural flavor.

Does not contain eggs, wheat (gluten), milk, peanuts, tree nuts, soy or shellfish. Processed in a nut free facility.