

Lifeable®

Don't sacrifice great taste for great health. Lifeable gummy vitamins and supplements are bursting with nutrients and fruit flavors so you will actually enjoy taking them. Lifeable - Health gone tasty!

**SUGGESTED USE:** As a dietary supplement, take three (3) gummies per day. Chew thoroughly before swallowing.

Do not exceed suggested serving size. If you have a medical condition, are taking medication, or are pregnant or nursing, ask a doctor before using. Not for children under 2 years of age due to risk of choking.



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Do not use this product if safety seal under cap is torn or missing.

**KEEP OUT OF REACH OF CHILDREN**  
Store at room temperature.  
Avoid excessive heat.

Dist. by Lifeable,  
Brooklyn, N.Y. 11204  
1-855-889-6757  
www.lifeable.com

Product of Israel  
Packaged in the USA

REV9018-0123R



**CALCIUM  
MAGNESIUM**

**+ VITAMIN D<sub>3</sub>  
GUMMIES**

DIETARY SUPPLEMENT

**BONE HEALTH\***

90 count



RASPBERRY  
FLAVOR



GLUTEN FREE



NUT FREE



NON GMO

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size: 3 Gummies Servings Per Container: 30

Amount per serving	% Daily Value For Children 2-3 Years of Age*	% Daily Value Adults & Children 4 Years of Age and Older**
<b>Calories 40</b>		
Total Carbohydrates 10 g	7%	4%
Total Sugars 6 g	**	**
Includes 6 g Added Sugars	24%	12%
Vitamin D3 17 mcg (675 IU) (as cholecalciferol)	113%	85%
Calcium 300 mg (tricalcium phosphate)	43%	23%
Phosphorus 120 mg (as tricalcium phosphate)	26%	10%
Magnesium (as magnesium citrate) 51 mg	64%	12%
Sodium 5 mg	<1%	<1%

\* Percent Daily Values are based on a 1,000 calorie diet.

\*\* Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Glucose syrup, sugar, water, gelatin (fish), citric acid, black carrot concentrate (color), pectin, natural flavor. Contains: Fish (gelatin from tilapia) and sulfites.

Does not contain eggs, wheat (gluten), milk, peanuts, tree nuts, sesame, soy or shellfish. Processed in a nut free facility.