

# Nutrition Facts

1 serving per container

Serving size 1 bottle (355 mL)

Amount per serving

**Calories 180**

		%DV*
<b>Total Fat</b>	4.5 g	<b>6%</b>
Saturated Fat	1 g	<b>5%</b>
Trans Fat	0 g	
<b>Cholesterol</b>	20 mg	<b>7%</b>
<b>Sodium</b>	250 mg	<b>11%</b>
<b>Total Carbohydrate</b>	5 g	<b>2%</b>
Dietary Fiber	1 g	<b>4%</b>
Total Sugars	2 g	
(Includes 0 g Added Sugars)		0%
<b>Protein</b>	30 g	<b>60%</b>
<b>Vitamin D</b>	0 mcg	0%
<b>Calcium</b>	750 mg	60%
<b>Iron</b>	0 mg	0%
<b>Potassium</b>	140 mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Water, Protein Blend (Milk Protein Concentrate, Calcium Caseinate), Monk Fruit Extract, Reb-M, Natural Flavor, Sea Salt, Organic Locust Bean Gum, High Oleic Sunflower Oil, Cellulose Gum, Cellulose Gel, Sunflower Lecithin, Sodium Phosphate, Gellan Gum, Potassium Citrate, Potassium Salt.

**CONTAINS: MILK**

**SHAKE WELL. REFRIGERATE AFTER OPENING.**