

**SUGGESTED USE:** As a dietary supplement, take one (1) scoop with 8-12 fl oz of water. New users may wish to assess tolerance with ½ scoop.

**WARNING:** For use by healthy adults only, not recommended for persons under the age of 18. Do not use if you are pregnant or nursing. Individuals should not consume other caffeinated products in conjunction with this product. Seek advice from a healthcare professional before taking if you have any pre-existing medical condition to ensure it is safe to take this product. In case of accidental overdose, contact a poison control center immediately. Avoid alcohol and prescription stimulants while taking this product. Exceeding recommended serving will not improve results and may cause serious adverse health effects. Discontinue use and contact a licensed healthcare professional immediately if you experience an unusually rapid heartbeat, dizziness, severe headache, or shortness of breath.

**STORAGE INSTRUCTIONS:** Keep in a cool, dry place.

**KEEP OUT OF THE REACH OF CHILDREN**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: This product contains chemicals known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food)

VT 1023



RAW X BUM COLLAB EST. 2021

# RAW X BUM



DON'T BE A BUM. TRAIN HARD. SLEEP HARDER.†  
ADD ANOTHER PLATE. LOVE YOUR MOM. NO  
REGRETS. STAY HUNGRY. DRINK YOUR WATER. FALL  
IN LOVE. SATURDAYS ARE FOR THE BOYS. DREAM  
BIG. NEVER QUIT. BE HONEST. TAKE  
RESPONSIBILITY. TAKE RISKS. DARE TO LEAD.  
OWN YOUR SH\*T. GET HUGE. GET SHREDDED. LIFT  
MORE. RUN FURTHER. JUMP HIGHER. REMEMBER  
TO LIVE, LAUGH AND ALL THAT BULL SH\*T.  
GET RAW.  
BE A THAVAGE.

## THAVAGE PRE-WORKOUT

DIETARY SUPPLEMENT

**DRAGON  
FRUIT**  
NATURAL FLAVORS  
NET: 532G (18.77OZ) (1.17LBS)

SERVINGS

40/20

CHAMPION MENTALITY.

## SUPPLEMENT FACTS

Serving Size 1 Scoop (13.3g) / 2 Scoops (26.6g)  
Servings Per Container 40 / 20

	Amount per 1 Scoop	%DV*	Amount per 2 Scoops	%DV*
Calories	5		10	
Total Carbohydrate	1 g	<1%*	2 g	1%*
Vitamin C (as Ascorbic Acid)	125 mg	139%	250 mg	278%
Vitamin B6 (as Pyridoxyl-5'-Phosphate)	5 mg	294%	10 mg	588%
Vitamin B12 (as Methylcobalamin)	50 mcg	2083%	100 mcg	4167%
Chloride (from Pink Himalayan Salt)	149 mg	7%	297 mg	13%
Sodium (from Pink Himalayan Salt)	100 mg	4%	200 mg	9%
Potassium (from Nitrosigine®, coconut water concentrate)	45 mg	1%	90 mg	2%
L-Citrulline	3g	**	6g	**
Beta Alanine	1.6g	**	3.2g	**
Betaine Anhydrous	1.25g	**	2.5g	**
L-Tyrosine	1g	**	2g	**
L-Taurine	1g	**	2g	**
Inositol-Stabilized Arginine Silicate (as Nitrosigine®)	750mg	**	1.5g	**
Agmatine Sulfate (as AgmaMax™)	500mg	**	1g	**
Coconut Water Concentrate (Cocos nucifera)	250mg	**	500mg	**
Alpha-Glycerol Phosphoryl Choline 50%	200mg	**	400mg	**
Caffeine Anhydrous	130mg	**	260mg	**
L-Theanine	75mg	**	150mg	**
Di-Caffeine Malate (Infinergy™)	32mg	**	64mg	**
Theobromine	25mg	**	50mg	**
AstraGin® (Astragalus membranaceus and Panax notoginseng)(root)	12.5mg	**	25mg	**
Toothed Clubmoss (Huperzia serrata)(aerial parts)(standardized to 1% Huperzine A)	50mcg	**	100mcg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value (DV) not established



## THAVAGE PRE-WORKOUT

**Other Ingredients:** Citric Acid, Silicon Dioxide, Natural Flavors, Sucralose, Beet Root Powder (for color), Acesulfame Potassium

Contains: Tree Nut (Coconut)



Manufactured by Raw Sport Supplement Company  
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Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.

Each Batch Tested For:  
Potency / Purity / Integrity



MANUFACTURED IN THE USA  
WITH DOMESTIC AND  
INTERNATIONAL INGREDIENTS

