

25g OF PROTEIN
PER SCOOP



**100% WHEY
PROTEIN**



**LOW FAT &
LOW CARBS**



**SUPPORTS LEAN
MUSCLE TISSUE†**



**NO CHEMICAL
PRESERVATIVES**



GREAT TASTE

**EVERY BATCH TESTED FOR
POTENCY - PURITY - INTEGRITY**

Warning: For use by healthy adults only, not recommended for persons under the age of 18. Seek advice from a healthcare professional before taking if you have any pre-existing medical condition to ensure it is safe to take this product.

STORAGE INSTRUCTIONS: Keep in a cool, dry place.

KEEP OUT OF THE REACH OF CHILDREN.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: This product can expose you to chemicals including Lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: www.P65Warning.ca.gov/food



RAW

DON'T BE A BUM. TRAIN HARD. SLEEP HARDER. ADD ANOTHER PLATE. LOVE YOUR MOM. NO REGRETS. STAY HUNGRY. DRINK YOUR WATER. FALL IN LOVE. SATURDAYS ARE FOR THE BOYS. DREAM BIG. NEVER QUIT. BE HONEST. TAKE RESPONSIBILITY. TAKE RISKS. DARE TO LEAD. OWN YOUR SH*T. GET HUGE. GET SHREDDED. LIFT MORE. RUN FURTHER. JUMP HIGHER. REMEMBER TO LIVE, LAUGH AND ALL THAT BULL SH*T. GET RAW. BE A THAVAGE. †

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**ITHOLATE
PROTEIN**

DIETARY SUPPLEMENT



**FRENCHIE
FROSTED ANIMAL
COOKIES**
NATURAL & ARTIFICIAL FLAVORS
NET WT. 29 OZ. (1.8 LBS.) (825g)

25 SERVINGS

25g OF PROTEIN
PER SCOOP



**SUPPORTS
LEAN MUSCLE†**



**LOW FAT &
LOW CARBS**

SUPPLEMENT FACTS

Serving Size 1 Scoop (31.2g)
Servings Per Container 25

	Amount Per Serving	% Daily Value*
Calories	130	
Total Fat	2g	3%
Saturated Fat	1.5g	8%
Trans Fat	0g	**
Cholesterol	15mg	5%
Total Carbohydrate	2g	1%
Dietary Fibers	1g	4%
Total Sugars	0g	**
Added Sugars	0g	0%
Protein	25g	50%
Sodium	160mg	7%
Potassium	155mg	3%
Calcium	125mg	10%

*Daily Value is based on a 2000 calorie diet
**(DV) not established.

Other Ingredients: Whey Protein Isolate, Medium Chain Triglyceride Powder, Natural and Artificial Flavor, Gum Blend (Gum Arabic, Xanthan Gum), Salt (Sodium Chloride), Sucralose, Cinnamon Bark Powder, Acesulfame Potassium.

CONTAINS MILK (WHEY).

DISCLAIMER: NO FRENCHIES WERE HARMED IN THE MAKING OF THIS PROTEIN

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ITHOLATE PROTEIN

FORMULATED, TESTED & TRUSTED BY

CHRIS BUMSTEAD
5X MR.OLYMPIA



Suggested Use: As a dietary supplement, take one (1) scoop with 8-12 fl oz of water.

RAW

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WHY IS INFORMED PROTEIN IMPORTANT TO ATHLETES?

The Informed protein logo is a mark of assurance for consumers and athletes that the protein levels listed on the label are accurate.

Analyzed, verified, certified.

For more information please visit: informed-protein.com

