

25g OF PROTEIN
PER SCOOP

100% WHEY
PROTEIN†

1g FAT &
2g CARBS

GREAT TASTE

EVERY BATCH TESTED FOR
POTENCY - PURITY - QUALITY

Suggested Use: To help meet daily protein requirements, take
one (1) scoop with 8–12 fl oz of water.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.
Not a low calorie food. Keep in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.

†100% of the protein in this product comes from Whey Isolate.

⚠ CA WARNING: This product can expose you to chemicals including Lead, which is
known to the State of California to cause cancer and birth defects or other reproductive
harm. For more information go to: www.P65Warning.ca.gov/food



MANUFACTURED
IN THE USA
WITH INGREDIENTS OF INTERNATIONAL
AND DOMESTIC ORIGIN



BUM

RAW

DON'T BE A BUM. TRAIN HARD. SLEEP HARDER. ADD
ANOTHER PLATE. LOVE YOUR MOM. NO REGRETS. STAY
HUNGRY. DRINK YOUR WATER. FALL IN LOVE.
SATURDAYS ARE FOR THE BOYS. DREAM BIG. NEVER
QUIT. BE HONEST. TAKE RESPONSIBILITY. TAKE RISKS.
DARE TO LEAD. OWN YOUR SH*T. GET HUGE. GET
SHREDDED. LIFT MORE. RUN FURTHER. JUMP HIGHER.
REMEMBER TO LIVE, LAUGH AND ALL THAT BULLSH*T.
GET RAW.
BE A THAVAGE.

ITHOLATE[®] PROTEIN



25 SERVINGS

25g OF PROTEIN
PER SCOOP

100% WHEY
PROTEIN†

1g FAT &
2g CARBS

LEMON
CAKE
NATURALLY & ARTIFICIALLY FLAVORED
PROTEIN POWDER MIX • Net Wt. 27.34 oz (775g)
Sold By Weight, Not Volume.



Nutrition Facts

25 servings per container
Serving size 1 Scoop (31g)

Amount per serving	% Daily Value*
Calories	110
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 25g	50%
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0.2mg	2%
Potassium 120mg	2%

*The % Daily Value tells you how much a nutrient in a serving of
food contributes to a daily diet. 2,000 calories a day is used as
general nutrition advice.

Ingredients: Whey Protein Isolate, Natural & Artificial Flavors, Gum Blend (Guar Gum,
Gum Acacia, Xanthan Gum), Sea Salt, Sucralose, Sunflower Lecithin.

CONTAINS: MILK.

BUM

ITHOLATE PROTEIN

FORMULATED, TESTED & TRUSTED BY

CHRIS BUMSTEAD

6X MR.OLYMPIA

Distributed by RAW SPORT SUPPLEMENT COMPANY LLC
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Manufactured in a facility that also processes Milk, Soy, and Egg.



SCAN FOR MORE



WHY IS INFORMED PROTEIN
IMPORTANT TO ATHLETES?
-The Informed Protein logo is a
mark of assurance for consumers
and athletes that the protein levels
listed on the label are accurate.

-Analyzed, verified, certified.

For more information please visit:
protein.wetestyourtrust.com