

POWERED BY PERFORMANCE ACTIVES:

Creatine Monohydrate supports muscle recovery and cognitive function.*

Electrolytes - Sodium, Potassium & Magnesium helps maintain hydration and normal muscle function.*

Vitamins C, Niacin, B6 & B12 - promotes energy metabolism and antioxidant protection.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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DIRECTIONS FOR USE:



MIX 2 SCOOPS
WITH 8-12 oz
OF WATER



SHAKE



ENJOY!

30
SERVINGS



MYPROTEIN

CREATINE

PLUS HYDRATION

PINEAPPLE MANGO
NATURALLY FLAVORED

+ 5 g CREATINE MONOHYDRATE
PER SERVING

+ 385 mg ELECTROLYTES
PER SERVING

+ ADDED VITAMIN C, NIACIN, B6 & B12



NET WT. 0.56 lb (255 g) - DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Scoops (8.5 g)

Servings Per Container: About 30

Amount Per Serving	% DV**
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Calories	5
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Total Carbohydrate	2 g	1%**
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Vitamin C (as Ascorbic Acid)	90 mg	100%
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Niacin (as Niacinamide)	35 mg	220%
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Vitamin B6 (as Pyridoxine HCL)	2 mg	120%
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Vitamin B12 (as Cyanocobalamin)	2.4 mcg	100%
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Magnesium (as Magnesium Oxide)	45 mg	10%
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Sodium (from Sodium Chloride and Sodium Citrate)	200 mg	10%
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Potassium (from Potassium Citrate)	140 mg	4%
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Creatine (as Creatine Monohydrate)	5 g	†
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** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value Not Established.

OTHER INGREDIENTS: Natural Flavor, Malic Acid, Sucralose, Turmeric Concentrate (Color).

DIRECTIONS FOR USE: As a dietary supplement mix 2 scoops with 8-12oz water in a Myprotein shaker. Mix well and enjoy. Consume plenty of liquids throughout the day. Store in a cool, dry place.

WARNING: Do not exceed 1 serving in a 24 hour period.

Manufactured by:
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