

**Recommended use:** Take 1 tablespoon, 1 to 2 times daily. Can be consumed directly or mixed with water or juice. Best to consume the first dose upon waking in the morning. Tip: it is recommended to swish liquid in your mouth lightly to promote oral microbiome. Refrigerate after opening. For best quality, consume within 45 days of opening.

### A Living, Full-Spectrum Microbiome

Flora Biome™ is probiotics as nature intended. Using nature's own synthesis process of fermentation, 10 probiotic cultures and 18 herbs coherently produce a perfectly balanced microbiome & living ecosystem. It is a living microbiome in a bottle that was formulated to replicate a healthy gut and digestive system, delivering not only the probiotics, but also the prebiotics, enzymes, and postbiotics necessary for vital health.

50 Billion CFU | 10 Live Strains | 18 Fermented Herbs | 100% Shelf Stable



This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

To report a serious adverse event please contact +1-844-272-6337

#### Shelf Stable for 1 Year

The living microbiome within Flora Biome™ is perfectly preserved by the natural lactic acid produced in fermentation. It has a 1-year shelf life and does not require refrigeration until opened.

Visit [www.Triquetra.com](http://www.Triquetra.com) for more details.

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TRIQUETRA™

Flora Biome™

**LIVE PROBIOTIC**  
LIQUID PROBIOTIC SUPPLEMENT

Fermented

**3 in 1**

PREBIOTIC | PROBIOTIC | POSTBIOTIC



**50**  
BILLION  
CFU

LIVE CULTURES | SHELF STABLE

16 fl oz (1 pt) 473 mL



## Supplement Facts

Serving Size 1 tablespoon (15 mL)  
Servings Per Container 32

### Amount Per Serving

Flora Biome™ Proprietary Blend 15 mL  
(50 billion CFU\*\*)

### 10 Strain Probiotic Blend

*Lactobacillus acidophilus*, *L. casei*, *L. paracasei*, *L. rhamnosus*, *L. plantarum*, *Bifidobacterium animalis*, *B. Longum*, *B. bifidum*, *Lactococcus lactis subsp. Lactis*, *Streptococcus thermophilus* †

### Fermented Herbal Prebiotic

Angelica Root\*, Anise Seed\*, Basil Leaf\*, German Chamomile Flower\*, Dill Seed\*, European Elder Flower\*, Fennel Seed\*, Fenugreek Seed\*, Ginger Root\*, Juniper Berry\*, Licorice Root\*, Nettle Leaf\*, Oregano Leaf\*, Parsley Leaf\*, Peppermint Leaf\*, Rosemary Leaf\*, Sage Leaf\*, Thyme Leaf\* †

### Postbiotic Metabolites (natural by-products of fermentation)

May Include: Short-chain fatty acids and other organic acids (such as acetic, fulvic, humic, phenilactic acids) oligosaccharides, polyphenols †

† Daily Value not established.

\*\* Colony forming units (CFU) at the time of manufacture

\* ) Organic

**Other Ingredients:** Water, Organic Molasses, Organic Cane Sugar  
Organic cane sugar and molasses are used in the fermentation process to feed and stimulate the growth of the probiotic bacteria. The sugar content of both ingredients are consumed by the bacteria during fermentation.

**Warning:** Keep this product out of reach of children. If you have a medical condition or are taking medication, contact a physician before taking any supplement.

**Distributed by:**  
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**Manufactured by**  
Wandler Probiotics Inc.  
Certified Organic by TCO Cert.  
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