

YOU VS. YESTERDAY

ONE OF ONE Whey Protein is packed with 25 grams of custom-formulated, high-quality protein to fuel lean muscle growth and speed up recovery.[†] With added prebiotic fiber and digestive enzymes, it's formulated for smooth digestion and maximum absorption, so every gram goes to work.[†] This isn't just protein—it's your foundation for hitting new levels.[†]

AIDS RECOVERY[†] • BUILDS MUSCLES[†] • SOURCE OF PROTEIN[†]



GLUTEN FREE



DYE FREE



LOW SUGAR



PURE WHEY PROTEIN



PREBIOTIC FIBER



@YOUARE_10F1



YOUARE101.COM



R0.02

ONE OF ONE

Whey Protein

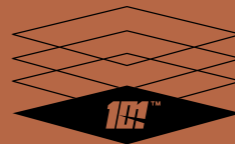
You. You're squaring off with yesterday's version of yourself, laying it all on the line. They'll call it luck or say it was bound to happen. But you know the truth. That unbreakable commitment that brought you here. Every early morning alarm. Every choice you made when others would've folded. Every ounce of grit—it's all stacking up. No shortcuts. No excuses. While they cling to comfort, you chase the burn. And when they try to explain away your success, they'll never mention the grind. There's never been room for negotiation. No option to quit. That's what sets you apart. And deep down, you know how this ends. You weren't built to be one of many. Just one of one.

DIETARY SUPPLEMENT

MILK CHOCOLATE

NATURAL & ARTIFICIAL FLAVORS

NET WT. 2LB (908G)



YOU VS. YESTERDAY

26 SERVINGS

25G PROTEIN

130 CALORIES

Supplement Facts

Serving Size: 1 Scoop (34.5 g)
Servings Per Container: 26

	Amount Per Serving	%DV*
Calories	130	
Total Fat	2 g	3%*
Saturated Fat	1.5 g	8%*
Cholesterol	70 mg	23%
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%
Total Sugars	2 g	**
Protein	25 g	
Calcium	136 mg	10%
Iron	1 mg	6%
Sodium	60 mg	3%
Potassium	218 mg	5%
Protease Enzyme	25 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Note: Protein is tested on a DRY BASIS calculation using AOAC Method 992.23 with 6.38 correction factor for dairy products. This product is intended for adults only.

Ingredients: Whey Protein Concentrate, Cocoa Powder, Natural and Artificial Flavors, Inulin (derived from Chicory Root), MCT Powder (Medium Chain Triglycerides, Nonfat Dry Milk, Disodium Phosphate, Silicon Dioxide), Soy Lecithin, Xanthan Gum, Sucralose.

DIRECTIONS: MIX ONE (1) SCOOP (34.5 G) IN 8-12 OZ (237-355 ML) OF WATER, MILK, OR MILK SUBSTITUTE OF CHOICE.

ALLERGEN WARNING: CONTAINS INGREDIENTS FROM MILK, SOY AND COCONUT.

Made in a facility that also processes egg, sesame, peanuts and tree nuts, fish/crustaceans/shellfish oils, and wheat products.

CAUTIONS: FOR USE AS A DIETARY SUPPLEMENT ONLY BY HEALTHY ADULTS OVER THE AGE OF 18. PLEASE CONSULT A PHYSICIAN BEFORE USE IF YOU ARE PREGNANT, NURSING, HAVE A PRE-EXISTING MEDICAL CONDITION OR TAKING ANY MEDICATION.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Store in a cool, dry place. Keep out of reach of children. Do not use if the security seal is broken.

Manufactured in the USA

Manufactured for / Distributed by: 101™
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V3Z 0R7 | 1-888-662-4686



MANUFACTURED IN A GMP COMPLIANT FACILITY
Contains ingredients of international and domestic origin