



Distributed by: Cadence Performance Inc., 180 Maiden Lane
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Formula

CORE

Melonberry flavored hydration designed to be enjoyed at any time of the day, or post exercise to restore key electrolytes.

Zero sugar and calories.

Nutrition Facts

1 serving per container

1 Serving 12fl oz (355ml)

Amount Per Serving

Calories **0**

% Daily Value*

Total Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 500mg **22%**

Total Carbohydrate 0g

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 0g

Potassium 190mg 4%

Magnesium 30mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

CARBONATED WATER, SODIUM CITRATE, PHOSPHORIC ACID, MAGNESIUM CITRATE, POTASSIUM CITRATE, CITRIC ACID, NATURAL FLAVORS, STEVIA

CONTAINS 0% FRUIT JUICE

CA WARNING: Risk of cancer and reproductive harm from exposure to Lead. See www.P65Warnings.ca.gov

Cadence

CORE

500

mg. Sodium

**Electrolyte
Hydration
Drink**

Melonberry

12 fl oz (355mL)
Naturally Flavored

Fuel Guide

When

Objective

Upon waking
Post-training

Replenish electrolytes lost while sleeping
Replenish electrolytes lost while training

Key Electrolytes

500 mg.

Sodium

190 mg.

Potassium

30 mg.

Magnesium