

Cadence

Inspired by the rhythm of daily discipline.

Formula

RACE

Grapefruit flavored electrolyte mix developed to hydrate and energize whenever you need it most.

Fuel Guide

When	Sachets	Water ^(mL)	Objective
1 hour pre-training	1 - 2	500	Hydrate and energize before training
During training	1	500	Support performance over long training sessions
Any time of day	1	500	Hydrate and energize throughout the day

500

 mg.

Sodium

20 mg.

Magnesium

200 mg.

Potassium

100 mg.

Caffeine

200 mg.

L-Theanine

NUTRITION FACTS

30 Servings Per Container
Serving Size 1 Sachet (5g)

AMOUNT PER SERVING

Calories

 5

% Daily Value

SODIUM 500mg 22%

TOTAL CARBOHYDRATE 1.2g 0%

Dietary Fiber 0g 0%

Total Sugars 1.1g

Includes 1.1g Added Sugars 0%

Magnesium 20mg 5%

Potassium 200mg 10%

L-Theanine 200mg **

Caffeine 100mg **

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Daily Value not established.

INGREDIENTS

Natural Grapefruit Flavoring with Other Natural Flavorings, Sodium Chloride, Citric Acid (Acidity Regulator), Potassium Chloride, Magnesium Citrate, L-Theanine, Natural Coffee Extract, Stevia Extract

Cadence

Electrolyte Supplement

30 - 0.18oz (5g) Stick Pack | Net Wt. 5.3oz (150g)

Sweat out, salt in.

RACE

500

mg. Sodium

+ Magnesium

Potassium

Caffeine

Naturally flavored

Grapefruit

30 Sachets

Product of United Kingdom

Store in a cool, dry place out of direct sunlight.

CA WARNING: This product can expose you to chemicals including Lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: www.P65Warning.ca.gov/food

