

Suggested Use: Adults mix one scoop in 8 ounces of liquid.

# Supplement Facts

Serving Size 1 Scoop (8 g)  
Servings Per Container 25

	Amount Per Serving	% DV
Calories	30	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	1 g	
Added Sugars	0 g	0%
Protein	2 g	
Sodium <sup>†</sup>	32 mg	1%
<b>Greens, Veggie and Fruit Blend</b>	4.8 g	+
Organic Alfalfa Grass Juice, Organic Beet Root, Organic Oat Grass Juice, Organic Spirulina, Organic Chlorella, Organic Carrot Root, Organic Wild Blueberry, Organic Goji Berry, Organic Matcha, Organic Pomegranate Fruit, Organic Broccoli Stalk and Flower, Organic Spinach Leaf, Organic Kale Leaf, Organic Acai Berry, Organic Elderberry, Organic Noni Fruit.		
<b>Digestive Health<sup>†</sup> Blend</b>	2.8 g	+
Organic Flax Seed, Organic Apple Fiber, Organic Chia Seed, <i>Bacillus coagulans</i> SNZ-1969 or IDCC1201 (2 Billion CFU) <sup>†</sup> , Cellulase, Amylase, Xylanase, Lipase, Phytase, Pectinase, Protease, Lactase, Hemicellulase, Invertase.		
<b>Fermented Botanical and Mushroom Blend</b>	350 mg	+
Organic Ashwagandha Root, Organic Reishi Mycelium, Organic Fermented Turmeric Root, Organic Cordyceps Mycelium, Organic Fermented Ginger Root, Organic Astragalus Root Extract, Organic Milk Thistle Seed.		


\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients: Organic luo han guo extract.

<sup>†</sup>At time of manufacture. \*Naturally occurring. Produced on equipment that also processes peanuts, tree nuts, milk, soybean, wheat, sesame, shellfish, fish, egg.

**WARNING:** If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if inner safety seal is broken or missing. **Keep out of reach of children.** Color and odor may vary from lot to lot. Store in a cool, dry place. Packaged by weight, not volume. Settling may occur. **NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Manufactured for:

  
Ancient Nutrition, LLC  
3480 Summertown Hwy.  
Summertown, TN 38483  
[www.AncientNutrition.com](http://www.AncientNutrition.com)  
Certified organic by CCOF

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# ORGANIC SUPER GREENS

Ancient Nutrition has one goal—to transform the health of every individual on the planet with history’s most powerful superfoods.

Organic SuperGreens powder is a great tasting, superfood formula of organic green foods and veggies plus antioxidant superfruits, probiotics and enzymes, and adaptogenic herbs that are formulated with fermented ingredients.



GUT<sup>†</sup>



DETOX<sup>†</sup>



FERMENTED



## ANCIENT NUTRITION

# ORGANIC SUPER GREENS

### Detox<sup>†</sup> – Digest<sup>†</sup> – Energize<sup>†</sup>



## SPIRULINA + MATCHA CHLORELLA + REISHI PROBIOTICS



We support the R.A.N.C.H. Project to heal the planet, feed the world and transform health.  
[www.RanchProject.com](http://www.RanchProject.com)



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<sup>†</sup> THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

WHOLE FOOD DIETARY SUPPLEMENT | NET WT. 7.05 OZ (200 G)